

LAMBDA

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LE JOURNAL ETUDIANT BILINGUE DE L'UNIVERSITE LAURENTIENNE

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100% PURE
LAMBDA BEANS

lambdapub@hotmail.com

LET US GO THEN YOU AND I, WHEN THE EVENING IS SPREAD OUT AGAINST THE SKY,
LIKE A PATIENT ETHERIZED UPON A TABLE;

LET US GO, THROUGH CERTAIN HALF-DESERTED STREETS THE MUTTERING RETREATS
OF RESTLESS NIGHTS IN ONE-NIGHT CHEAP HOTELS AND SAWDUST RESTAURANTS WITH OYSTER SHELLS:

STREETS THAT FOLLOW LIKE A TEDIOUS ARGUMENT OF INSIDIOUS INTENT TO LEAD YOU TO AN OVERWHELMING QUESTION...

OH, DO NOT ASK, "WHAT IS IT?" LET US GO AND MAKE OUR VISIT

IN THE ROOM THE WOMEN COME AND GO, TALKING OF MICHAELANGELO

TIME FOR YOU AND TIME FOR ME

AND TIME FOR A HUNDRED INDECISIONS,

AND TIME FOR A HUNDRED VISIONS AND REVISIONS

BEFORE TAKING OF A TOAST AND TEA

DO I DARE DISTURB THE UNIVERSE?

IN A MINUTE THERE IS TIME

FOR DECISIONS AND REVISIONS WHICH A MINUTE WILL REVERSE

FOR I HAVE KNOWN THEM ALL ALREADY, KNOWN THEM ALL-

HAVE KNOWN THE EVENINGS, MORNINGS, AFTERNOONS,

I HAVE MEASURED OUT MY LIFE WITH COFFEE SPOONS;

I KNOW THE VOICES RING WITH A DYING TALL

BENEATH THE MUSIC FROM A FARTHER ROOM.

SO HOW SHOULD I PRESUME?

AND IT WOULD HAVE BEEN WORTH IT, AFTER ALL

AFTER THE CUPS, THE MARMALADE, THE TEA, AMONG THE PROCELAIN, AMONG THE TALK OF YOU AND ME,

IT WOULD HAVE BEEN WORTH WHILE, TO HAVE BITTEN OFF THE MATTER WITH A SMILE

TO HAVE SQUEEZED THE UNIVERSE INTO A BALL TO ROLL IT TOWARD SOME OVERWHELMING QUESTION,

TO SAY: "I AM LAZARUS, COME FROM THE DEAD

COME BACK TO TELL YOU ALL, I SHALL TELL YOU ALL,"

IF ONE, SETTLING A PILLOW BY HER HEAD,

SHOULD SAY: "THAT IS NOT WHAT I MEANT AT ALL.

THAT IS NOT IT AT ALL."

I GROW OLD... I GROW OLD... I SHALL WEAR THE BOTTOMS OF MY TROUSERS ROLLED

SHALL I PART MY HAIR BEHIND? **DO I DARE TO EAT A PEACH?**

I SHALL WEAR WHITE FLANNEL TROUSERS, AND WALK UPON THE BEACH.

I HAVE HEARD THE MERMAIDS SINGING, EACH TO EACH.

I DO NOT THINK THEY WILL SING TO ME.

EVENINGS, MORNINGS AND AFTERNOONS

I HAVE MEASURED OUT MY LIFE WITH COFFEE SPOONS (SINCE 1961)

The Fight to End Child Poverty

by Ryan Gibbs
News Editor

On November 24, 1989 then-NDP leader Ed Broadbent presented a motion to the House of Commons. He proclaimed, "That this house seeks to achieve the goal of eliminating poverty among Canada's children by the year 2000." The proposal received unanimous support.

Ten years later, New Democrats from Parliament are embarking on a child poverty awareness campaign. When the motion was initially presented, one in seven children lived in poverty; ten years later the rate is one in five. These statistics are alarming.

NDP member Yvon Godin visited Laurentian University Tuesday, November 23, to call attention to child poverty. Godin is a representative from New Brunswick, as the NDP have no members from Ontario in their federal caucus, Godin had to visit Northern Ontario during the poverty campaign.

NDP critic on employment insurance, Godin stressed the impact of changes to Employment Insurance on the drastic increase in child poverty. Godin claimed the increase in the number of hours that entitle workers to benefits has significantly reduced the number of women who can claim these benefits: from 75% to 35%. As more women are unable to receive social assistance, their dependents, especially children, are forced to live in poverty.

Godin criticized the Chrétien government for abandoning its pledge to end child poverty. The liberals implemented the detrimental changes to employment insurance, after it declared that economy and not people were the reason for poverty.

But Godin argued that the liberal approach does not reflect this view. Without recognizing the origins of poverty, responsibility is left to the poor themselves. Godin alluded to a self-fulfilling policy that leads the poor to think that they are responsible for their own poverty and leads the rich to disassociate themselves.

Godin also called attention to the egocentric attitude many Canadians express: "me, myself, and I". Consequently, Canadians are not concerned about those who are unable to sustain an adequate lifestyle. But, Godin maintained that this attitude is destructive, as a country is defined by its ability to unite people in a strong sense of community.

Graham Dick Lecture with Paul Hellyer

by Ryan Gibbs
News Editor

On Friday, November 19, Huntington University hosted its annual Graham Dick Memorial Lecture with special guest speaker Paul Hellyer. Hellyer enjoyed an impressive career in politics, serving in the liberal governments of Louis St. Laurent, Lester B. Pearson, and Pierre Trudeau. He also ran as an independent at one time.

Hellyer has been credited with the unification of the Armed Forces. He has chaired the Task Force on Housing and Urban Development. He has a business background and studied voice at the Royal Conservatory of Music in Toronto.

At Friday's lecture, Hellyer spoke on the topic of globalization. He called attention to history, which he felt was repeating itself in Canada. The political climate of the late nineteenth century with its colonization and class struggles was resurrecting itself in the late twentieth century, according to Hellyer.

Hellyer described the move towards globalization claiming that it is only inevitable if it is allowed to happen. He also argued that only two to five per cent of the population will benefit from globalization and attributed the stock market crash, depression, and World War II to earlier initiatives to create a global market. Hellyer further argued that the colonization of nations in the last century was now replaced by the monopolies of multinational corporations.

In his lecture, Hellyer lamented the Free Trade Agreement with the United States, stating that although Canadians can compete with the U. S. in trade, it cannot compete in investment. He called attention to "national treatment clauses" in the agreement that enable American investors to attain the same rights as Canadian citizens. Hellyer claimed that Ronald Reagan managed to do what American generals have always wanted to do... conquer Canada.

Hellyer made the claim that there are two levels of government in the United States: the permanent government and the provisional government. The permanent government is run by corporations, while the provisional government is the election that takes place every four years. Hellyer referred to elections as scripts (orchestrated by corporations) for actors (candidates chosen by corporations).

Hellyer used statistics to support his position. He stated that

between 1949 and 1974, before efforts were made to globalize, Canada's unemployment was 4.74%, inflation 2.86%, and Gross National Product (GNP) 4.9%. But between 1974 and 1999, during globalization, Canada's unemployment is 9.0%, inflation 5.62%, and GNP 2.8%. Hellyer concludes that Canada was better off before globalization.

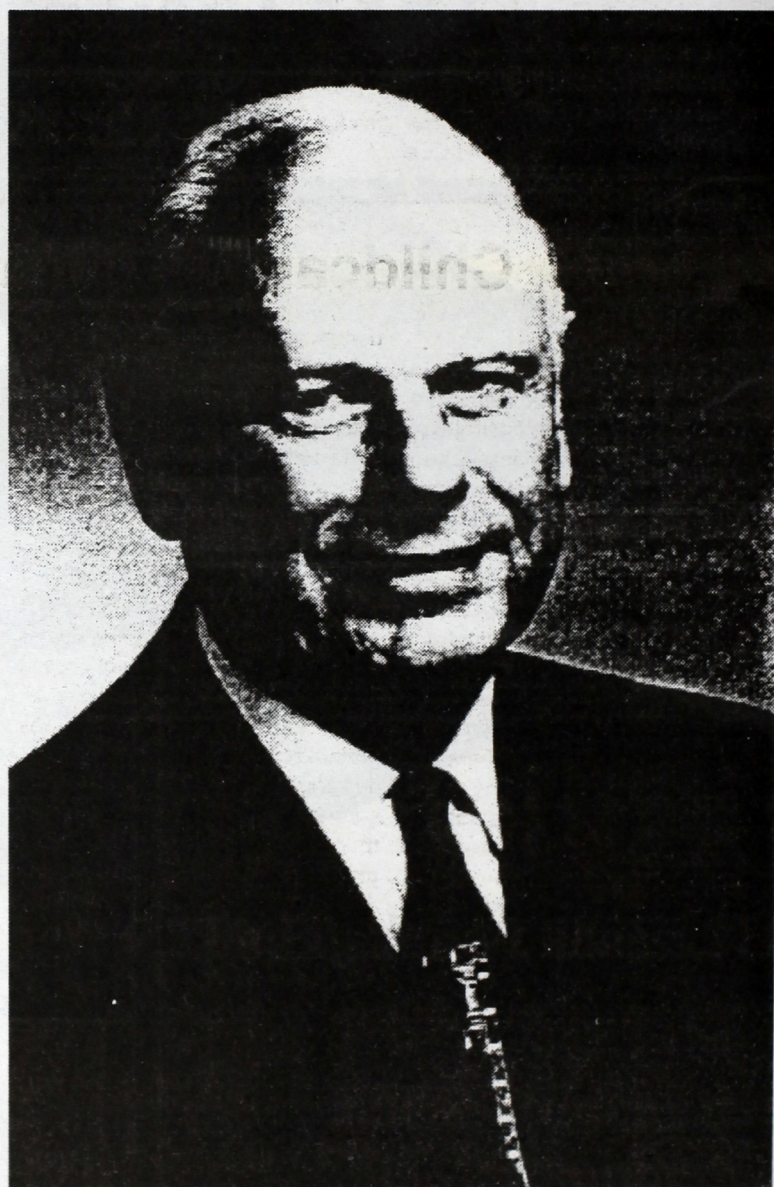
Hellyer closed his lecture with steps to reverse the perils of globalization. He called for the abrogation of NAFTA and Free Trade, especially the "national treatment clauses". He asserted Canada's sovereignty over intellect, agriculture, health, and education. He also recommended collaboration between banks and governments to establish full-time employment and reestablish social structures.

At the end of the lecture, Hellyer offered to answer questions raised by the audience. At this time, history professor Graeme Mount, asked Hellyer if he regretted his decision to unite the Armed Forces or his advocating new cities around me-

ropolises like Toronto on the Great Lakes. Hellyer affirmed his earlier policies claiming that as the Armed Forces fight together, they should be administered together. He also affirmed his belief that the creation of new cities would reduce traffic to and from these metropolises and allow for the development of new communities.

Other questions tended to address the topic of globalization. One person asked Hellyer if he considered free trade bad. Hellyer replied that free trade was not necessarily bad, but "free investment" was. He stressed the need for Canada to protect its own companies.

In accordance with the International Year of the Elder, Paul Hellyer shared his experiences in government with the audience. Unfortunately, younger generations were underrepresented at the lecture. This occurrence can give little comfort to Hellyer's fear that the young will repeat the mistakes of their elders, rather than avoid them.



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Missing Pieces: An Alternative Guide to Canadian Post-secondary Education

The Canadian Centre for Policy Alternatives National Office

Among Canada's provinces, Ontario is the one that shows the least commitment to post-secondary education in Canada, while British Columbia receives the highest ranking awarded by *Missing Pieces: An Alternative Guide to Canadian Post-secondary Education*. This report from the Canadian Centre for Policy Alternatives provides a comprehensive analysis of the state of higher education across the country in accordance with the principles of equity, quality, accountability and accessibility.

Editors Denise Doherty-Delorme (Canadian Federation of Students) and Erika Shaker (Canadian Centre for Policy Alternatives) have compiled some of the most recent and thought-provoking information on higher learning by Canadian students, activists, educators and researchers to reveal the motives behind the restructuring of post-secondary education across Canada - and its deleterious effects.

According to the editors, "Rising tuition and other user fees, the elimination of programs that ensure accessibility to marginalized groups, and the increasing inequality between programs and institutions as a result

of greater compliance with corporate sector demands, have resulted in a fundamental shift in our educational institutions.

"Instead of facilitating democratic and social improvement, post-secondary education is fast becoming a tool of marketplace requirements. When the financial means of accessing post-secondary education is limited or removed, that education effectively becomes a privilege based on socio-economic status."

Missing Pieces provides tools to understand the impetus behind many of the restructuring initiatives to which colleges and universities are responding - as well as the impacts of these changes on the student body, faculty and support staff, and on the quality of the education provided by our institutions.

The editors of *Missing Pieces* argue that, without examining the forces behind post-secondary restructuring, as well as the serious impacts these initiatives have on both our public institutions and the wider society, it is impossible to recognize the anti-democratic nature of the changes taking place. And, while education restructuring is not limited to Canada, we need to understand how this agenda, strikingly similar across provincial and national borders, is affecting and will continue to affect us

as citizens, and as a country.

This report therefore examines some of the less-discussed aspects of higher education in Canada. Rather than reinforcing the model of competition between institutions, editors have elected to demonstrate the level of commitment - or lack of commitment - to post-secondary education within each province.

They feel that the indicators they have selected produce a more accurate representation of provincial commitment to the four principles of public education: quality, equity, accountability and accessibility (including opportunity and affordability).

The report seeks to expose the roots, as well as the results of the restructuring agenda now sweeping post-secondary education in Canada. It is by no means, however, an exhaustive study; there are many issues that were beyond the scope of this initial report - issues that also require thorough examination.

This inaugural report will provide the basis for much-needed discussion and further analysis of post-secondary education in Canada. Our institutions are undergoing sweeping changes fuelled by \$7 billion lost in federal government cash transfer payments to the provinces, drastic cuts in provincial funding and the demands of a global market.

Childcare Celebration

by Ryan Gibbs
News Editor

On Saturday, November 20, the Laurentian Child and Family Centre celebrated three momentous occasions: its twenty-fifth anniversary, the opening of the new facility between the tennis courts and the Alphonse Raymond Building, and the International Day of the Child.

Dr. Jean Watters, attired in a Musketeer outfit, recognized the accomplishments of the Child and Family Centre, before he took part in the Santa Clause parade. The official ribbon cutting was performed by a child who was currently in the daycare and an adult who was there twenty years ago.

At the event, Director Lucille Desjardins and Administrative Supervisor Joy Rudd, thanked the many architects, corporate sponsors, poli-

ticians, staff, and volunteers who contributed to the move from the portables to a new building. It took ten years to raise funding, and to plan, build and renovate the facility.

At the ceremony, Desjardins, Rudd, and Dr. Charlotte Neff, head of Laurentian's law and justice department and past board member of the Centre, received copies of a sketch a parent drew of the old portables, as an indication of the progress the center has made over the twenty-five years.

Caring for children in the portables was problematic; they were designed to last for only five years, not twenty-five. Another hazard was the location of the portables behind a playground that led out to the road. Staff shared many stories of foxes and skunks that nested under the portables.

On a tour of the new facility,

Lucille Desjardins pointed out the significant changes from the old portables. The new site features a sleep area for infants that the old location did not have. As well, there is more storage space and a playground behind the building.

Desjardins also showed off several innovations of the Centre. Toddler areas contained showers with a moveable showerhead and a bench to ease children during showers, which can be incredibly stressful for them. Also, toothbrushes were stored in a specially designed cupboard to prevent contact with germs in the area.

Other innovations of the Centre are the locations of the office and staff room. The office is located in the centre of the area, while the staff room is placed on the outside. Desjardins explained that the staff need to leave the area during their breaks and supervisors need to be able to see everything going on in the Centre.

The new Centre is capable of meeting the needs of some disabled children. It also challenges school age children with computers and modern maps that show the new territory of Nunavut. It has the space to supervise many indoor activities when the weather outside is unsuitable.

Currently, the Centre is improving its licence to accommodate more children. Situated on Laurentian campus, the Centre has access to the B. F. Avery Physical Education Centre and the Science Building. The space and access the Centre enjoys makes it the best daycare in Sudbury, according to Desjardins.



News Briefs

Community Meeting to Defend Immigrant and Refugee Rights

The Campaign for Immigrant and Refugee Rights - Sudbury is organizing a community meeting this Friday, November 26th at 7:30 pm at St. Andrew's Place (111 Larch Street in the Fourth Floor Resource Centre) to hear a critical perspective on current federal proposals regarding immigrant, citizenship and refugee rights. Jayme Gianola of the Toronto Campaign for Immigrant and Refugee Rights and Stop C-63 will be speaking on problems with Bill C-63 (which proposes changes to Canada's current Citizenship Act) and other current federal proposals which will make it more difficult to poorer people and people of colour to become refugees, immigrants and citizens in Canada.

The Campaign for Immigrant and Refugee Rights - Sudbury was formed last year to defend the rights of refugees and immigrants. They have held educational meetings, a demonstration and organized an open letter to MP Diane Marleau protesting against the problems with the federal government's *Building on a Strong Foundation for the 21st Century, New Directions for Immigration and Refugee Policy and Legislation* and with Bill C-63.

Coalition Vows to End Assault on Education in Ontario

On Monday, November 22, a coalition of students, parents, educators, and opposition members expressed their outrage over the proposed \$800 million in education cuts by the Harris government which are set to affect every sector of the education system including elementary schools, high schools, universities and colleges.

In an announcement on Thursday of last week, the Provincial Government again tightened the restrictions on student eligibility and reduced the government guarantees of the Ontario Student Assistance Program. The government has not ruled out the cutting of post-secondary programs and has decreased the threshold at which institutions must begin to share the costs of student loan defaults.

All of this means a further reduction in accessibility to post secondary education in Ontario, through fewer students being eligible for student loans and those who qualify facing higher interest rates when the loan must be paid back; this at a time when there are a record number of students who will be of age to enter post secondary education in the next two years.

Other concerns include the Provincial Government's desire to allow the establishment of private American style post secondary institutions, the possible amalgamation of 22 existing institutions into 8 mega-institutions, as well as the current cuts to the elementary and high school sectors which will be felt far into the future.

On Tuesday November 23, a demonstration was planned that started from the Toronto Board of Education. Participants included students, parents, educators, coalition partners and community members.

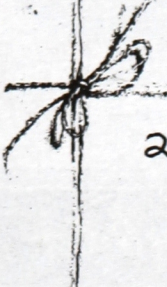
International Student's Day : Globalization Highlights Need for Global Student Organizing

November 17th is International Student's Day, first called in 1941, by the predecessor organization of the International Union of Students, to recognize and support student struggles around the world.

As the new millennium approaches, students see more and more reasons to work together on an international scale. The effectiveness of the United Nations, and with it the covenants and agreements its member countries have signed, is under attack by countries that prefer military and trade agreements to address the world's problems. And this month, in Seattle, the World Trade Organization plans to push forward an ambitious trade agenda that will make it virtually impossible for elected governments to protect public education.

After seven years of struggling for its survival, the International Union of Students is pleased to announce its campaign for renewal and increased coordination of the international student movement. On the occasion of International Student's Day, the International Union of Students is poised to offer increased support for the efforts of its national member unions, and to reassert itself as the most significant, non-partisan student organization in the world.

The 17th Congress of the International Union of Students takes place from March 6 - 19, 2000 in Tripoli, Libya. At the Congress, representatives of national student unions from dozens of countries and several distinguished guests will gather to deliberate on the issues of the day.



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Editor's Corner...

No One Really Noticed

by Mat Thompson
Editor-In-Chief

The other week I saw one of the saddest sights here on the Laurentian Campus. I would ask you to guess what it was, but I bet most of the students on this campus really didn't notice it. A prominent member of our campus died two weeks ago and there has not been mention of it, except among those of us who have been here for at least a few years. I know this is going to sound weird to some of you, but I was very upset to see that one of the foxes from the Laurentian campus was run over at the gates of LU.

A few of my staff members wanted to get a picture of it for the paper, but to me that would be just like if I was to take a picture of one of your dead friends. The foxes on this campus are part of the natural beauty that most universities don't have. Most university campuses are stuck in the centre of a big city with barely any greenery around. We here at Laurentian are lucky to have a campus surrounded by conserva-

tion areas, lakes and wildlife.

By the time you are done this year at Laurentian you will have come across a few of the foxes at least a few times. Early in the morning and in the evening they roam the campus looking for food and other things. Most of us are afraid at first, then learn quickly that they are just timid animals more afraid of us than we are of them. Sure, a few idiots chase them away trying to be cool, but most of us accept the fact that we share our campus with wildlife. Most of these foxes are so used to Laurentian students that you can almost go right up to them like a dog. So what happened?

I won't accuse anyone of wrong doing, but foxes are pretty big and you can see them from a little ways away. I hope that it was an accident and the person didn't just laugh like a big red-neck when they hit the fox. I would have been devastated if it was me that hit the fox, but I am not here to rant about the person that hit the fox. What I am hoping to do is to raise the awareness of the foxes and other animals on campus.

The other night I left the Pub around 2:30am after a night of DJing and sitting by my car was a fox. At first I just thought that it was a dog, but then I noticed that it was a lone fox. It didn't actually hit me until another Pub staff member pointed out that you usually don't see a fox by itself. Usually there are two or more together. Maybe the fox was just out looking for food by itself, or maybe it is the mate of the dead fox some of us noticed last week. It was sad to see the fox by itself roaming around when I knew that maybe it was still looking for its friend/mate. I mentioned this to one of my friends and their response was "it's just a fox", but to me, and many other members of the Laurentian campus, it's more than just a fox.

I know that when I leave university (hopefully within the next ten years), whenever I see a fox it is going to remind me of this campus. I will remember walking to the Pit and seeing two or three on the path my first year. Or I am going to remember seeing their paw prints in the snow

throughout the conservation area as I walked home through the paths. Definitely I am going to remember the fox that actually ate out of my hand down the path to the residences, but most of all I am going to remember that one lone fox that sat by my car. The look on his face may have been fright over the fact that a 6' 4" human was walking towards it carrying a s**t load of CDs, but to me he seemed to look at me hoping that I knew where his mate/friend was.

I know that most people see roadkill as just that, but when it is an animal that you had never really seen until you moved north to Sudbury, it makes a difference. The foxes are something I tell all my friends and family about whenever I see them, and now I have to tell them that one of my favorite sights here at Laurentian is gone. Sure, there are more, and there hopefully always will be, but that one is gone, and none of us will ever see its face again, looking at us from on of the paths. All I can say is that I noticed!

SPACE FOR RANT... Letters to the Editor

Dear Editor:

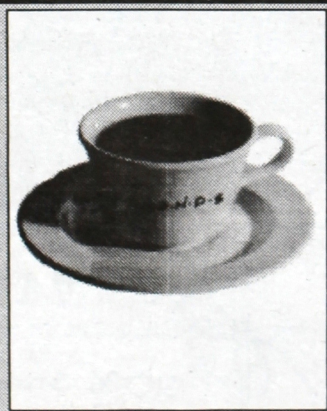
I have read Lambda for a few years now and my favorite section to read was always the Sports Section. There was always so much to read and great, in-depth articles about our Voyageurs. So what happened? Last years Sports Section had its own cover, was at least the same size as the other major sections and was full of great pictures of our athletes. The stories are written as if the writer has never been to an LU sporting event ever, and now there isn't even a sports back cover. As the university newspaper don't you think your job is to cover Sports just as well as you do entertainment, news and features? Are the Voyageurs just not good enough for Lambda or are you guys just not doing your jobs?

Anonymous

Editor's Response

We actually are doing the best we can with what little staff we have. I will admit that Ryan did an amazing job last year with the Sports Section and I would love to keep the section at the same level, but with him leaving the position vacant, and no one to really take his place, the section has become less than what it once was. My question to you is if you are such a big sports fan, why aren't you helping with the section. It is very easy to criticize a section for not being up to your standards, but it takes a real man to do something about it. Lambda has run ads for sports writers and photographers every week with no response. We now have a photographer who will be covering sporting events as much as possible, but we also need someone to write about them. Criticize us all you want because I agree that the section needs work, but you should just come in here and see what one day is like working at the paper and maybe you will change your mind a little.

Mat Thompson Editor-in-Chief



Volume 38 -
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Cover Design by:
Mat Thompson

Poetry Segments
taken from
'The Love Song of
J. Alfred Prufrock'
by T.S. Eliot

Dear Readers,

I am writing this letter because I am frustrated with people criticizing Lambda using the fact that we get paid. Sure, our staff members receive a small honorarium. This sums up to maybe a dollar an hour for the work we put into publishing this non-profit newspaper. The staff is paid by issue meaning that the hours during my Christmas holiday I put in working, the spring break I use to fill out T-4's and the countless hours I put in during the summer to prepare for the next publish year, is what I call volunteer work even though as some say "you get paid".

Please keep in mind, that Lambda staff must be members of the Laurentian community, meaning that everyone that works/volunteers at Lambda is a student. We have to juggle classes, homework and more. Most of our staff have more than one job, since honorariums will not support our tuition! Our staff doesn't work for the money as much as for the love of the paper, but without the pay, most wouldn't be here.

For those who offer me the solution of balancing a budget would be to cut honorariums, that is not a valid alternative. It is already hard to keep our writers and fill our positions since it is not in our budget to offer well paid jobs. What little is paid is what is necessary in ensuring that writers stay on.

For those of you who are quick to judge or criticize Lambda, why not come in and help us make this paper better! In the last few weeks, we have printed many letters for rant, criticizing my staff but none of these people have offered their help to remedy the situation! If you have a problem, it would be great if you could offer your help in implementing a solution. Lambda does need your help! We are always in need of writers, photographers and from the financial point of view.. advertisers.

We have been working with a skeleton staff this year (under 15) and we haven't missed a deadline yet. Most people think that we have it easy in Lambda, but we put together these papers in under 48 hours, our Editor-In-Chief is in the office almost fourty hours on Mondays and Tuesdays and our staff must meet their deadlines. The last time Lambda missed a deadline was over five years ago. You should come by the office and see what it is like to work at Lambda for just a few hours. It is amazing what the staff can do in such little time.

I would like to take this opportunity to thank my devoted staff members. Without your hard work and generous hours, this paper would not survive. For those of you who criticize us, try to help us in a positive manner.

Francine Lavallée
Financial Director, Lambda Publications

Lambda

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Another Couple of Kicks In the Ass

by Todd Bosak
Columnist

This week, The Toronto Star released a leaked document that set out the Harris government's course for education in Ontario over the next little while. Talk about taking a shit kicking, students were beat like a narc at a biker rally, when is it gonna stop.

One of the major announcements was the taking of moneys saved by the Millennium Scholarship. Simply put, the federal government has set over a billion dollars out to help students and instead of students being better off in Ontario, the federal government will take some of its education money and put Millennium Scholarship cash in its place. Now

call me simpleton but if this money was set out for the students, the thought was not that they would lose money in other areas as a result. This means that the Province is the only entity that comes out ahead as a result of the Millennium Scholarship, not individual students.

Another announcement was the planned amalgamation with a bunch of colleges throughout the North. This government is amalgamation crazy. When we were created it was with a mandate very different from Algoma, Hearst, Cambrian, Northern or Sault Colleges. Is saving money more important than an institution carrying out its mandate in a fashion that is true to its raison d'être?

As well this leak alluded to

the idea that there were possible other funding cuts as well as other tuition increases in the offing. It is painfully clear, this government has demonstrated that it is not only ignorant of the real student issues and concerns that exist, it is actually hostile to the notion of accessible quality education.

I guess the good news is that we can do something about it. As many of you know, February 2nd is our national day of student action. It is on this day that we can take a stand and show people like Harris that we are not going to take this stuff sitting down. Together we can make some noise and really get somewhere.

O'Malley Gets in the Ring

by Max O'Malley
Contributor

Sh*t. F*ck. Damn. Grunt. Scratch. There, I think I've sufficiently lowered myself to your standards, Bryson. I guess this means I'm "in the ring". You know what scares me about people like you, Bryson? No it's not the fear of a "double shot of ass kicking with a tall glass of shut the #\$@* up", it's your tight-ass, stuck up, pompous attitude that you seem to see fit to pollute this paper with on a weekly basis, with some sort of delusional fantasy that people actually mistake your misguided, shallow views for actual intelligence. But what's even more frightening than that is that you're going to actually try and become a contributing member of society some day.

I'm truly sad for you that your only friend is named Alexander Keith and I'm equally sorry that our resident Super Hero insulted alcohol, which, as near as I can tell, is about the only thing that will sit near you at the pub. But it really burns my ass to read mindless editorials from mindless people like you who have to

bitch and complain about every little thing that someone says. When was the last time that you've ever contributed an idea that didn't involve reverting to your caveman-like, testosterone-fueled state and attempting to beat someone up? You somehow made it to university, why don't you try using your brain? That is, as long as the alcohol hasn't eroded every brain cell you had left when you got here.

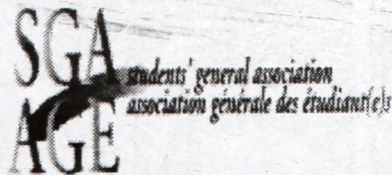
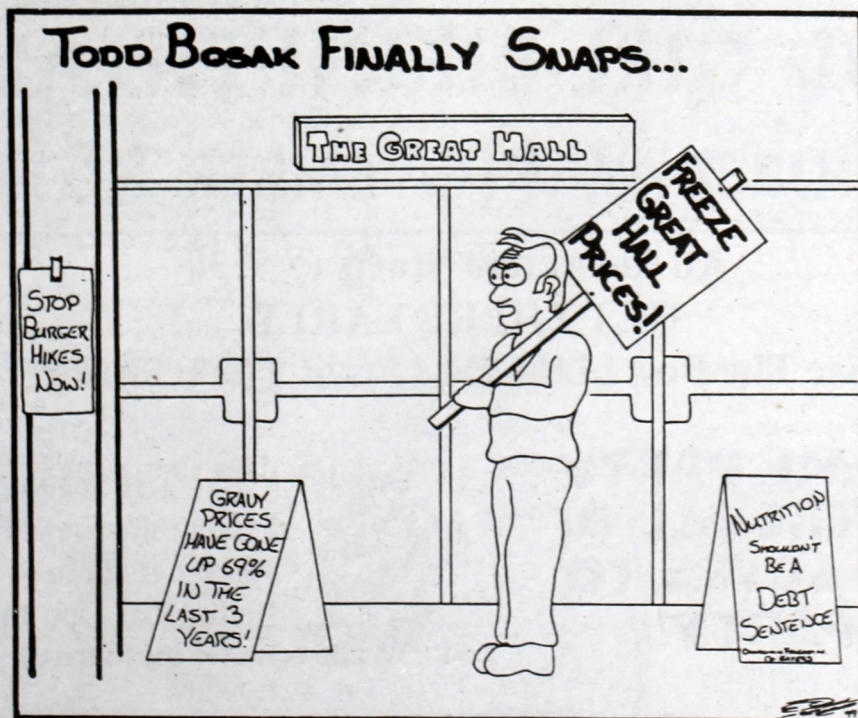
Now, I didn't agree with most of what our "Avenger" had to say. Quite frankly, I didn't agree with anything he had to say. But at least he had something to say. Someday, Bryson, you're going to realize that there are other people in this world who have opinions (most of whom can articulate them better than you). I'm sick and tired of you making Lambda a forum for people to write in and get trashed on. There's such thing as offering a rebuttal to a view point, and then there's what happened in last week's paper. Like I said, I don't agree with him and I don't consider him to be a super hero for Laurentian students, but I damn

well applaud him for having the courage to write in and express how he feels. These people who write in are intelligent people who have otherwise intelligent things to say and should not get treated in the juvenile manner that Bryson McCarthy treats them. I think it's about time, Mr. McCarthy, that you took your head out of your a**, stepped out of the ring, took a right hand turn off of McCarthy street and entered the real world. By the way, just to correct a typo, the acronym for Alcoholics Anonymous is "AA" not "MENSA". And to our "Avenger" and people like him, keep writing because not everyone on this staff is named Bryson McCarthy. As a matter of fact, the people at Lambda are among the brightest people that I've met here at Laurentian and I only hope that they and this paper aren't being judged because of a standard set by Mr. McCarthy.

I'm sure McCarthy Street will be an interesting read next week, since Bryson isn't the type of guy who let's things like this go. So, to you Bryson, I await your response.

OVERLOAD

BY MAT THOMPSON



by Jamie Wylie
SGA President

Notes from the SGA

November sucks. Exams are creeping up, and nobody feels like studying cause we're all a little burnt out. Christmas is creeping up, and nobody has enough money to buy exactly what they want for people cause times are tough all around. The cold weather is creeping in and nobody feels like going outside cause, damn, Sudbury is cold. So, what's the solution, how does one get through the mire that is November. I don't have a clue. I've been here for six long years and November still drains me like a toilet. What I do know however is this, the second semester flies by in a blink. So hang in there we're almost over the Christmas hump, and then it's things like Carny week, ender bender, spring break, and the holiest of holy March Madness to look forward to. In the mean time enjoy what pleasantness there is around us as Molson's day is coming up and although it will have passed by the time this article is published Wide Mouth Mason is in the Pub (Sorry if you missed it). Best of luck on your exams, and take care of one another.

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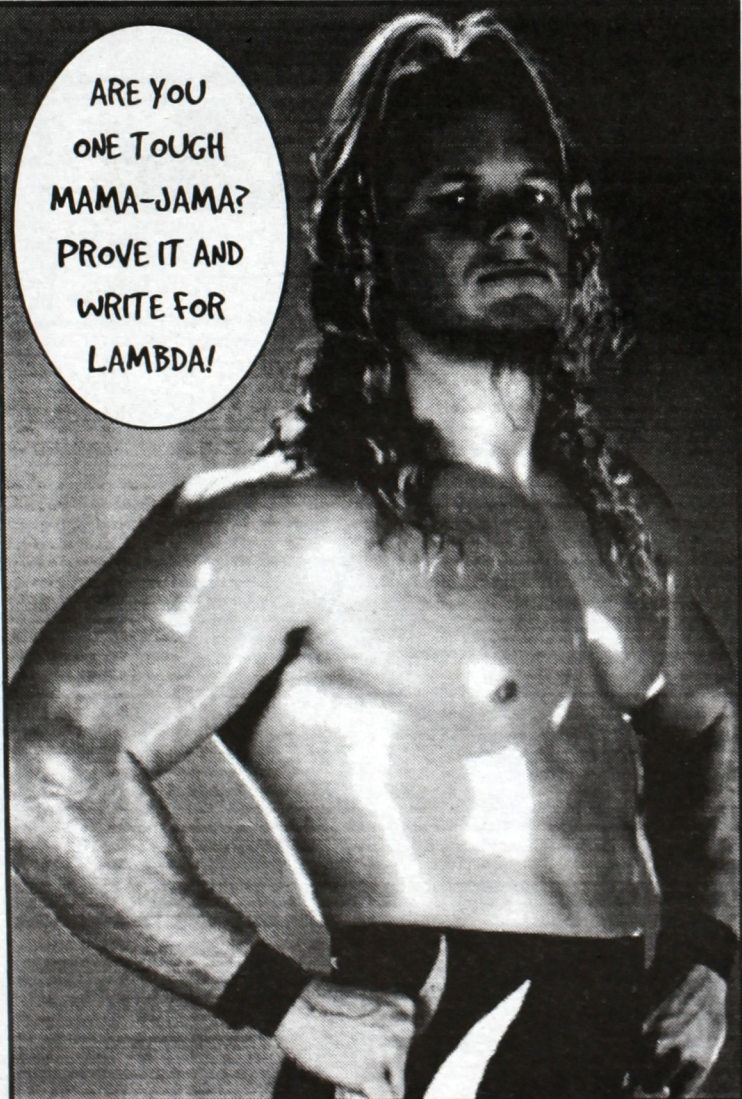
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Opinion

McCarthy Street

by Bryson McCarthy
columnist

Since Lambda has decided to delve into the coffee culture this week like the sheep that they are, I decided to re-run an article I wrote last year on the evils of coffee shops. I guess you could call it 'Flashback Bryson' if you want, but I think that all of this needs to be said!

The other day I witnessed a car accident. Being a person of a civic virtue I stopped not only to lend my eyewitness account, but to see if the people were alright. As I got out of my car, I heard the strangest thing. The man who was clearly at fault in this accident having come barreling out of a parking lot, actually had the nerve to yell at the person who hit him. Now it is normal to get upset, but it was what he was yelling about that was the funny part. He was upset because he spilled his double-double all over himself and his wife lost her cappuccino. I'm sorry but I would be a little more upset about the car, or injuries and not whether my 'roll up the rim' addiction juice was spilled.

I have always hated donut shops. I have worked at them, and taken the money from them for my work, but I have always thought that they were an eyesore and a danger to the community. Why the hell do we need over thirty donut shops in Sudbury? We are fine with three McDonalds, three Burger Kings and various other restaurants, but why so damn many donut shops? Probably because McDonalds only creates cravings while donut shops create an addiction that can only be fueled by caffeine, greasy donuts and a smoke filled environment. Sure now the shops have sandwiches, soups, chili, bagels and various other consumables, but they still hook you

with the addictive substances. Everything you buy is cheaper if you buy it in a 'meal deal' which comes with a donut and a coffee. No matter what, it is almost impossible to enter a donut shop and not be suckered into eating something that will shorten your life.

Sure, Tim Hortons is now smoke free, but does that include the bakers and staff in the back? Trust me, it doesn't. So they have tried to eliminate one of three evils of the donut game. But in doing that, now they have returned with the 'roll up the rim' campaign at various donut chains. It's like a food stamp at a crack house. People will pawn, hawk, steal and swindle in order to get another cup o' java trying to win a car. Most of them end up winning another cup or a donut, thus repeating the circle back to creating more addicts and more revenue.

Donut shops sell food that will shorten your life span drastically. If I offered you a hand full of sugar, grease and eggs would you eat it? Probably not unless it looked like a french cruller. How about if I offered you 10 ounces of a ground up plant that has been turned into a powder that is addictive and may kill you? You would say no, but that is exactly what coffee is. All this is dangerous, but the most dangerous part has to be location, location, location.

Sure, it's smart business to locate your store where there is a large traffic flow. This may help your sales, but it causes havoc for traffic. Donut shops are always located in a high traffic location where they probably triple the chance for an accident. People come whipping in and out of traffic trying to get into the donut location hoping that the faster they get there the fresher the two hour old pot of sludge may be. There will

be lines of vehicles stopping up a major intersection as they all just need their quick fix. Grandma and grandpa try to maneuver their twenty-five foot Buick across traffic to meet the mothball club, teenage wasteoids with nothing better to do but try to act grown up with a large double double and Joe Redneck who just can't survive the day without his thermos full of addiction all casue problems until finally two of these three collide in a twisted metal, caffeine soaked heap with no one to blame but the pusher... the one true drug dealer who deals to thousands of clients a day, creates new addicts by the hour and is an eyesore to the community. The local donut/coffee shop.

Tim Horton is probably rolling over in his grave wanting to be remembered for his skills in hockey, not for creating Canada's newest pastime...caffeine consumption. But who knows, maybe the next cup will turn you into a winner and you can take the Stanley Cup of the donut world home in your new jeep, and drink a double double out of the top.



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Feature:

How About a Cup of Joe?



There's Just Something About Coffee

by Derek Serafini
Features Editor

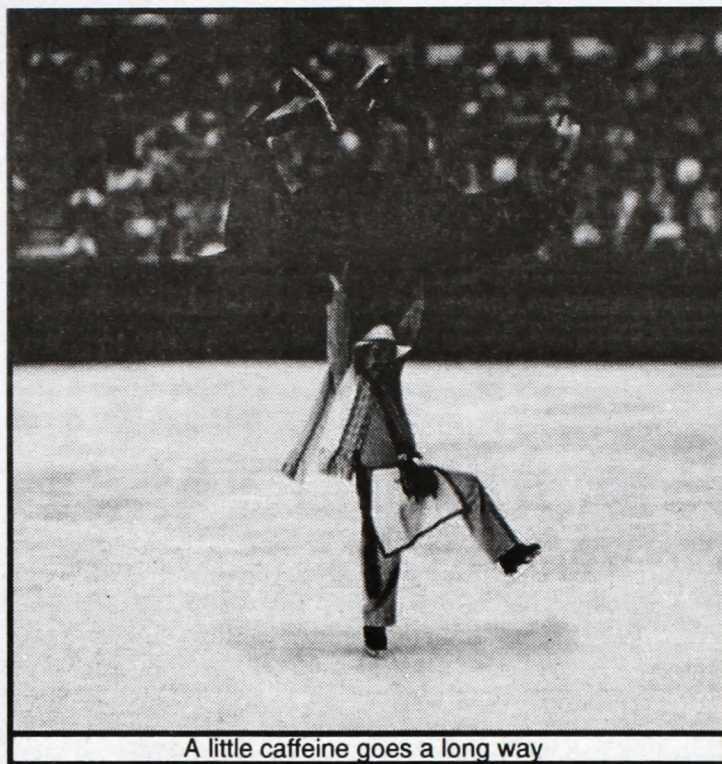
I just love that smell and I don't have a clue why. It is a smell that accompanies fatigue and stress, it is a smell that accompanies Monday mornings, it is a smell that is ever-present during exam season. I don't know why I like it, but there is just something about the smell of coffee that is comforting.

In my first two years here at Laurentian, you would be hard-pressed to find me in the morning without a coffee in my hand. Though I didn't much care for the taste of the beverage, I relished in the process of preparing and drinking it. It became a ritual of sorts. On my way to my first morning class, I would stop at the Great Hall and pour myself a tall, piping hot cup. I'd add a bit of cream and maybe a sugar or two. And the variety didn't matter: Irish Cream, Colombian, French Vanilla - whatever - I didn't really care. It was coffee and it was a part of my morning.

I wouldn't say that I was addicted to it or anything. I was more interested in the process of drinking it. Coffee is an adult drink and I, in drinking it, somehow asserted my desire to belong to that group. Coffee is something that is present in many of the daytime interactions of adults. You always say, "wanna grab a coffee" or "let's get a cup o' joe." It's just part of our culture. It is always offered when you visit someone and it is usually gladly accepted. It is a drink that symbolizes your belonging to a group.

I will grant that I might just be on crack here. For most, it may be a quick, cheap caffeine boost. It may be more of a drink of habit than anything else. I don't know. I like to think that it has a certain mystique about it.

I don't really drink coffee anymore. I don't know why. It just no longer appeals to me like it used to. I've since moved to tea, which has a whole different presence to it. I like it and all, but it just lacks that comforting smell that coffee has. I'm not sure when, but I'll probably move back to coffee at some point. There's just something about that smell.



A little caffeine goes a long way

COFFEE AROUND THE WORLD

Country or Language	Word for Coffee
---------------------	-----------------

Cambodia	Gafe
China	Kafei
China-Hong-Kong	Kla-Fey
Czechoslovakia	Kava
Denmark	Kaffe
Egypt	Masbout
Eskimo	Kaufee
Israel	Kave
Finland	Kahvi
France	Cafe
Germany	Kaffee
Greece	Kafes
Hawaii	Kope
Hungary	Kave
India	Coffee
Indonesia	Kope
Iran	Gehve
Iraq	Qahwa
Italy	Caffe
Japan	Koohii
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Malaysia	Kawa, Koppi
Mexico	Cafe
Netherlands	Koffie
Norway	Kaffe
Philippines	Kape
Poland	Kawa
Portugal	Cafe
Rome	Coffea
Russia	Kofe
Spain	Cafe
Swahili	Kahawa
Syria	Qahwa
Thailand	Kafe
Turkey	Kahve



How People View and Feel About Coffee

by Sarah Hamelin
Staff Writer

As people grow older, do they drink more or less coffee? A study was actually conducted in which people were asked how much coffee they drink, how they feel about it, and such questions. The results were then divided into 3 groups relating to age.

People who are in their 20's say that they are happy with the amount of coffee they consume: that it's not too much, nor too little. But with this they also claim that they tend to drink it often due simply to its popularity, which continues to rise each year. They are more likely also to continue drinking coffee in the coming years, and also seem to be more oriented to drinking espresso-based drinks over basic coffee, caring very little for price, but more for the taste and image.

For those between the ages of 30 and 59, they also appear to be happy with the amount of coffee that they drink, believing that the amount of coffee they drink is the perfect amount for them. They no longer worry or drink coffee simply for image and popularity, but more for taste and out of ritual. They also, like the 20 year olds, tend to not worry as much about the cost, viewing it as worth the money for the enjoyment it brings them.

And for those who are 60 and over, coffee to them becomes more or less blah, meaning that they are less happy with the fact that they drink it so often, yet they claim that the amount of coffee they are consuming is the right amount for them. They have a constant growing concern about reports about the caffeine in coffee, and also tend to be rather cost conscious when it comes to purchasing coffee, thinking that paying a little much is too much. Espresso based beverages carry no interest to them. With these people they truly believe simple is better.

How Exactly Does Caffeine Work?

by Sarah Hamelin
Staff Writer

It's late, you have a midterm in about 7 hours and you haven't even started studying yet. So what do you do? Why, the obvious of course. You run around searching for every possible caffeinated product that you can possibly get your hands on. You don't care what it is, the main thing is that there is caffeine in it. You know it keeps you awake, but do you really know how? Here's a quick lesson in the mechanisms of caffeine on your body.

Caffeine is similar in structure to adenosine, a chemical which is found in the brain that slows down activity. The two, though similar in structure, tend to work in opposite manners; caffeine wakes you up, while adenosine makes you sleepy. Hence the more caffeine you drink, the less adenosine is produced. That's how caffeine temporarily heightens concentration: it lowers the level of adenosine in your brain and wards off fatigue. It will take between 30 and 60 minutes after the time you drink the cup of coffee for the caffeine to reach its peak concentration, but once it has achieved this, the effects of the caffeine can take anywhere from 4 to 6 hours to wear off. Now if you happen to be a smoker, divide that number by two. The nicotine in your cigarettes removes the caffeine from your blood system twice as fast if compared to non-smokers, thus supporting the theory held by some that smokers actually drink more coffee.

The average adult is said to consume about 200 mg of caffeine a day, where the top ten percent of the population consume an average of 400 mg. This is essentially the equivalent of two cups of regular caffeinated coffee. But as little as 200 mg of caffeine has been found to be enough to induce anxiety and nervousness in people, where more than 200 mg can cause shaking. Of course this isn't the case with people who consume mass amounts of caffeine daily, but namely for those who typically don't drink coffee or other caffeinated beverages.

So if you're trapped in a situation where you need a little boost to help you stay up to study, try going for something that doesn't vary drastically from your normal diet. If you're the type of person that doesn't drink coffee or soda often or eat much chocolate, try eating some fruits and products that are enriched with natural sugars instead of attacking the vending machines with a roll of quarters because your body probably won't react the way you want it to. However, if you are someone who typically drinks a few coffees or sodas throughout the day, then by all means go for the caffeinated products, just be wary when it comes to how much you consume, keeping in mind that a little can go a long way.

The Frappe Experience

by Sarah Hamelin
Staff Writer

It's sufficient to say that practically every university student has had a cup of coffee at some point. For most of us, the taste of coffee is a little harsh, and perhaps cappuccino is the more tasty alternative. But, how many have actually tried a frappe? Trust me, until you've tried a frappe, you have not even begun to sample what the coffee world has to offer.

Mmmmm, frappe. My first experience with one took place on October 25th this year. It took place at William's Coffee Pub, and I must say I have never had anything like it before. The first thing that caught me off guard was the assortment of flavors. I suppose it's not that broad, but for a newbie to frappes I found it rather overwhelming. You have your basic frappe, which comes in a vanilla flavor. Then there are the "flavored" ones, which makes you wonder what vanilla constitutes in that case. Either way, they have all these mixtures like mint chocolate, mocha chocolate, raspberry chocolate (notice a pattern ...), strawberry banana (aha, wasn't expecting that eh?), etc ... Either way, it took a few minutes, but I settled on mocha chocolate.

So my decision made, I went to pay, then felt my jaw drop when told it was like \$3.59 for the one drink. Not that I'm cheap, well ... no, I'm not cheap, it just kinda surprised me. So there we are, sitting at the table, and then the waitress approaches carrying what is apparently a frappe. Okay, well it wasn't mine, but nonetheless it felt like my eyes were bugging out. Soon enough mine came, and I took a little sip and, well hmmm was all that came to mind. I really had no idea what to expect from it, so I was kinda caught off guard by the sharp taste of the cappuccino in it. But after a few more sips, I actually started to develop a taste for it, as well as a love. I mean the beverage is practically orgasmic, or at least it seemed so to me. This is probably the best beverage I have ever had, even topping my past loves of french vanilla cappuccino and iced cappuccino.

It's very rich and thick, kind of like what you would get if you crossed an iced cappuccino with a milkshake. It's one of those drinks you can't just devour, though it is so tasty that you just want to gulp it all down, the primary urge to just sip and relish it takes over, not to mention the impending threat of a severe brain freeze if you gulped it. To me a frappe is just one of those things everyone has to experience at some point, and the sooner the better. Though I won't recommend it for a cold day in the winter, it's definitely something worth having on a lukewarm day where you aren't too eager to drink, or too resistant to anything cold. The flavors sampled thus far? Well I've only tried three: mint chocolate, mocha chocolate, and raspberry chocolate, but they are so yummy I recommend them. As for the rest? My goal is to try them all by the end of the month. What can I say, my name is Sarah, and I'm a frappe addict, but I love it.

How to make The Perfect Cup of 100% Colombian Coffee

The basic rule for making a perfect cup of coffee is to start with fresh cold water and "the richest coffee in the world" - 100% Colombian Coffee. The consensus of brewing experts is that six ounces of boiling water mixed with two level tablespoons of 100% Colombian Coffee will produce a splendid cup.

Other General Tips for a Perfect Cup of Coffee

- * Make sure the equipment used is clean.
- * The freshness of brewed coffee normally expires after 20 minutes when the liquid has been heated in a pot on a warmer. Freshness can be preserved for up to two hours in a vacuum air pot or thermos bottle.
- * The plunger-pot makes the richest brew. For best results for filter/drip, use a cone-shaped filter and a reusable mesh insert.
- * For great taste with less caffeine buy arabica coffee. It's slightly more expensive, but contains less caffeine than blends that combine arabica and robusta beans.
- * Roasted coffee beans start to lose some of their flavor within two weeks. Ground coffee begins to lose its flavor in minutes. Freezing is not necessary to maintain the flavor. Keep beans and ground coffee in an air-tight container. Make sure not to buy large quantities of coffee at a time (no more than a month's worth.)
- * Store the airtight container in a slightly cool, dark place at a temperature between 50F and 70F.

Brewing Good Coffee

Whether you like your coffee bright and mild or rich and full-bodied, these "Four Fundamentals" can help you brew the perfect cup every time.

Proportion

Use the right amount of coffee to water

We recommend two tablespoons of ground coffee for each six ounces of water. Too much water or too little coffee results in over-extracted coffee, the leading cause of an unpleasant, bitter cup of coffee. If coffee brewed with this recipe is too strong for your taste, add a little hot water to the brewed coffee.

Grind

Use the right grind of coffee for your coffeemaker

In general, the longer time coffee and water spend in contact during the brewing process, the coarser the grind you should use. For example, a coffee press uses a very coarse grind, as the brewing time is four minutes. An espresso machine only takes a few seconds to brew, so it requires a much finer grind.

Water

Use fresh, cold water, heated to just off the boil

Cold water drawn right before brewing will make the freshest tasting coffee. If you use an automatic drip brewer, make sure it heats the water hot enough. If you use a kettle to heat water, bring it to a boil then remove it from the heat for a few seconds to cool before pouring it on the grounds.

Freshness:

Store coffee for freshness

To keep coffee fresh, store it in an airtight container at room temperature for up to two weeks. If coffee needs to be kept for more than two weeks, it should be stored in the freezer in the smallest practical airtight container.

Use freshly ground coffee

If it is convenient, grind coffee right before brewing. Whole bean coffee stays fresh longer because there is less surface area exposed to oxygen.

Drink the coffee freshly brewed

The flavors in brewed coffee are very fragile and can be damaged by too much exposure to heat. If you brew more than you can drink right away, pour the extra brewed coffee into a thermal container.



How Coffee Beans are Grown

The story of Colombian Coffee begins in the nursery, where thousands of carefully selected beans are planted. The beans are sown close together and covered with rich, fertile soil.

About eight weeks later, the seeds germinate and roots develop. The healthiest plants are selected and transplanted in the nursery and carefully nurtured for six months. When the seedlings grow to about two feet in height, they are transplanted to the plantation where they are carefully cultivated.

It takes an average coffee tree approximately three to four years to grow to full size and to blossom. The first fruit appears about six months later. Coffee trees are unique; they bear ripened fruits and flowers at the same time. Each coffee tree produces one pound (455 grams) of coffee annually.

When the coffee beans are a rich, red color, they are ready for harvesting. Only then are the berries picked individually. After the farmer picks all the coffee berries from the tree, they are put into bags and loaded on mules or donkeys.

They go on to the only mechanical means of help for the farmer, the de-pulping machine. This machine removes the pulp off of the two seeds that are in the center of each berry. The two beans found in the berry are flat on one side and rounded on the other. The pulp, or the red covering that you see, goes back to the soil as fertilizer for new plants and seeds while the beans, still encased in a tough parchment husk, go to large concrete tanks.

Here they soak in cold mountain water for 24 hours. The soaking starts a slight fermentation which is of vital importance for the aroma of the coffee.

The beans are then carefully washed in long concrete troughs. Any twigs, debris, or poor quality beans are discarded. Unlike beans from other origins, all Colombian Coffee is "washed" coffee, which gives Colombian Coffee its rich taste and aroma.

When the washing is over, the beans must be dried. They are scooped up and put into large straw baskets. They are then spread out on great open-air terraces, where they are turned again and again until the wind and sun have dried them completely. It is necessary to cover the beans at night and when it rains.

The Juan Valdez-Santa Claus Connection

Now, we are not stating that Mr. Valdez is in fact Santa Claus, nor are we trying to assert that these two have a working relationship. We just want to point out some facts that can not be ignored. The truth must be known.

FACT: That Juan Valdez picks every Yuban coffee bean by hand.

FACT: That Santa Claus delivers toys to every gentile boy and girl by hand.

FACT: That these are both jobs which normal people could not handle.

FACT: That Coffee drinkers world-wide are grateful to Juan.

FACT: That Children world-wide are grateful to Santa Claus.

CONJECTURE A: They are both normal men who are extremely o

CONJECTURE B: That there are, in fact, thousands of men all name Valdez or Santa Claus, each with the authority to carry out the duties original Juan Valdez and Santa Claus.

CONJECTURE C: That both are in fact demi-gods with the same power of an extreme Puritan work ethic.

CONJECTURE D: It's all a lie made up to subdue the masses.

CONCLUSION: The truth, if it indeed exists, is too well hidden to discern. I happen to lean more towards believing CONJECTURE



The Myths and Truths About Caffeine

by Sarah Hamelin
Staff Writer

Caffeine is believed to solve many physiological problems that we have, but where is the validity in them? Can it help rid you of your migraine? Or help you score more points in a basketball game? Will it help you lose those 10 pounds you want to be rid of? Well in truth, here are some things it can, and can't do.

Alcohol: Well if you've been drinking, and you think that if you drink a few cups of coffee it will rid you of your hangover, you're wrong. Caffeine can help you become more awake and alert, but it does not sober you in the least.

Athletic performance: It's said that moderate doses, like two or three cups of coffee, can increase performance, but excessive amounts are not recommended.

Blood pressure: Surprisingly, caffeine only has a very minuscule effect on this, causing a slight rise, but nothing extremely dangerous.

Caffeine dependence: VERY true. Most people who try to cut back have really bad headaches. These two are directly related; the decrease of the caffeine amount in your system is the cause for the headaches. How can you tell you have a caffeine dependency? You try to quit consuming caffeine, but you can't. Also, when you can make wise cracks like 'there is too much blood in my caffeine system' you know you have a problem.

Headaches: Caffeine is found in a variety of medications, namely painkillers such as aspirin. The factor of adding caffeine to these increases the power of it by about 40 percent. Caffeine also appears to work well on its own. A study concluded that 65 mg of caffeine is just as effective as 648 mg of acetaminophen in removing non-migraine headache symptoms.

Premenstrual syndrome: Some women swear that cutting caffeine out of their diet lessens the symptoms of PMS, but no actual proof has been found in labs to confirm this.

Problem solving: Caffeine is said to speed up things like your reaction time and skills like working over arithmetic problems and proofreading, but if you're planning to do stuff like complex word problems or composition, it's been known to actually worsen your performance.

Sleep: As we know, caffeine actually does inhibit your ability to sleep. But be careful if your goal at night is actually to sleep, if you drink something caffeinated before bed not only will you have difficulty actually falling asleep, but also it will interfere with your REM pattern, which isn't a good thing.

Weight loss: In 1991, the FDA banned the use of caffeine in over-the-counter weight-loss aids because it has no long-term effect on weight. So essentially, don't even waste your time thinking it will help you lose the weight.



tea and coffee have a good deal of caffeine

Coffee Roasting

Coffee was first roasted in the late 14th century. The earliest method was by roasting the green coffee in a heavy pan over charcoal fire. Late last century, a new process was introduced where beans were spun in a hot air chamber heated by natural gas; this system remains the most widely used to date. The chemical make-up of the coffee bean changes during the roasting process: water dissipates in the bean and a series of chemical reactions change sugars and starches into oils, which give coffee much of its aroma and flavor. When roasted, the coffee bean doubles in size, and the caramelization of the sugar turns it from green to brown.

The color and appearance of the roasted bean depends on how long it has been roasted for. The longer it is roasted, the darker the roast. Coffee is usually roasted for about 10 to 20 minutes at temperatures ranging from 400F to 425F.

The secret to developing the aroma and flavor of coffee is found in the roasting of the coffee beans. The length of time, as well as temperature of the roast, are crucial in producing a quality cup of coffee, as well as determining which characteristics will be emphasized or muted. If roasting is too short, the oils won't be brought to the surface and the coffee will have a nutty flavor and lack consistency.

Dark roasted beans contain less acid, have slightly less caffeine than lighter roasted beans and have a shorter shelf life, due to the amount of oils on the surface. In darker roasts, it is the roast's smoky, pungent, burnt taste that dominates overtaking the bean's natural flavor. Many times the dark roast's burnt taste will mask beans that are low in flavor and quality. Contrary to popular belief, a dark roast does not equal a richer, stronger cup. Roasting plays no part in determining the strength of a cup of coffee: you do when determining the amount of water and coffee to be used when brewing.

Lightly roasted coffee beans have a sharper, more acidic taste than darker roasts. The coffee suffers less heat exposure, which maintains the bean's qualities. Because flavor is revealed, light roasts are used with higher quality beans.

Several roasting levels have their own characteristics and may be suitable to different tastes or specific uses; they are the following:

LABEL	APPEARANCE	CHARACTERISTICS
Cinnamon Roast	light roast, light cinnamon tone high coffee acidity	Pronounced nut-like flavor,
American Roast	Medium roast, chestnut hue	Pronounced caramel-like flavor
City Roast	Medium roast, medium brown with no surface oils	Full coffee flavor, with some loss of acidity
Full City Roast	Chestnut brown, slightly darker than the City Roast	Full coffee flavor, good balance of acidity and sugar
Vienna	Dark brown, with traces of oil on the surface	Dark roast flavor
French Roast	Dark brown, nearly black, oily on the surface	Bitter, smoky taste and pungent aroma
Italian	Dark chocolate brown, oils on the surface	Burnt flavor
Espresso	Dark roast, used specifically for espresso machines	Burnt flavor that is strong and sweet

IN TWO WEEKS THE FEATURES SECTION TAKES ON
THE END OF THE WORLD!

Down With Coffee

by Beth Pentney

contributor

All this talk of coffee really makes me wonder: What's all the fuss about? The benefits of tea are never-ending in comparison. Tea offers both psychological and physical health benefits, without the caffeine and bad breath that coffee drinkers face. There are a few fairly obvious reasons why tea is such a great beverage: first, the selection is incredible, and there is definitely better variety. Also, you can pretty much guarantee a fresh cup, while coffee drinkers always run the risk of an old pot. Tea offers a few beauty remedies too- putting cold tea bags on puffy eyes actually reduces the swelling, for all you nighthawks out there. Most importantly, drinking tea provides numerous health benefits. Now I ask you, when is the last time coffee cured an ailment? I know what you're thinking, but hangovers don't count; the belief that coffee cures drunkenness or hangover is a MYTH. However, tea offers a holistic, natural method for soothing and relieving symptoms of many different problems.

There are three general types of tea: black, green and herbal, which have been brewed for roughly three thousand years. All three types are known stimulants and astringents. They influence the nervous system and provide a feeling of comfort and exhilaration when taken in moderation. Black tea has about half the caffeine of regular coffee, while green tea contains even less, and herbal tea is usually caffeine free. Tea contains fluoride, vitamin C, and chlorophyll; things that just aren't available in a cup of Taster's Choice. The therapeutic benefits of tea are vast. For instance, results of a London based study show that drinking one cup of black tea a day can prevent heart attacks, by over 40 per cent. Tea is also a known antioxidant, which is said to prevent cancer. Specifically, green tea has been linked to preventing breast cancer and the formation of cancerous tumors in the body. But wait, there's more. Tea has also been said to: reduce the risk of stroke and enhance heart function, ensure regularity and aid in digestion, reduce cholesterol levels, purify the blood, enhance the immune system, and combat aging. Some think that these claims are refutable, but studies have been done to provide proof that tea does offer these health benefits. The studies do indicate that tea is a much more beneficial drink than coffee, in both the long and short term.

There are a number of different herbal teas on the market that offer non-prescriptive remedies to common health problems such as stress and different types of infection. Probably the most common herbal tea on the market is chamomile. Chamomile tea is often promoted for its soothing effects, but it is also used as an anti-inflammatory and an anti-microbial for the gastrointestinal tract. Cranberry teas are known to prevent urinary tract infections as well as treat menstrual disorders. Tea made with lemon balm can be used to treat sleep disorders, and is often used as a home remedy for sore throats (a slice of lemon and a spoonful of honey added to a cup of black tea usually does the trick). Peppermint is another popular ingredient used in herbal tea, which is shown to relax the mind and body; it relieves stress and is also used to treat abdominal pain. St. John's Wort is an effective herb used for treating mild to moderate depression, and is traditionally given in tea form.

All this in one cup of tea? You'd better believe it. And guess what? You can buy this Wonder-drink in the caf and most coffee shops for LESS than a cup of typical, generic, keep-you-up-all-night coffee.

Did You Know?

- *61% of Canadians drink coffee at least once a week.
- *Coffee represents 18% of all beverages consumed in Canada, second only to tap water.
- *67% of all coffee consumed is roast and ground (R&G), 24% is instant and 4% is specialty.
- *10% of total coffee consumption is represented by decaffeinated coffee.
- *69% of all coffee is consumed at your own home or in someone else's home, while 13% of coffee is consumed in a work/school environment, and 5% in a restaurant setting.
- *52% of coffee is consumed before lunch and 19% is consumed at dinner or during the evening hours.
- *57% of people between the ages of 18 and 24 drink coffee on a weekly basis, increasing to 88% for those who are 65 plus.
- *Coffee is a global industry and is the second largest commodity based product; after oil.
- Following are some key industry facts:
 - Coffee trees take up to 5 years to mature. The fruit of coffee trees are bright red cherries, each of which usually contain two coffee beans.
 - Coffee cherries are harvested by hand.
 - A coffee tree will yield about one pound of coffee per year.
 - About 3,500 coffee beans are needed to produce one pound (454 g) of roasted coffee.
 - In 1996, Canada imported 115.7 million kg of green (unprocessed) coffee.
 - The five leading countries from which Canada imports coffee are Colombia, Brazil, Guatemala, El Salvador and Peru.

Drinks For All Seasons

Lord knows that getting specialty beverages at coffee houses do get costly after a period of time, hence there is a rather cost-economic solution: try making the beverages yourself at home. For the majority of them it's not that hard, and it may seem costly at first, but once you notice how far the products stretch it doesn't seem all that bad. Besides, think of the advantage of being able to whip up a cup of cappuccino or espresso whenever you feel like it instead of having to trudge out and brave whatever weather may be thrown at you.

Espresso (hot)

- 1 1/2 cups water
- 8 tablespoons finely ground French or Italian roast coffee
- 4 lemon peel curls for garnish

In a small kettle, bring the water to a boil. Remove the kettle from the source of heat and let it rest for 30 seconds. Meanwhile, place the filter paper in a filter cone or basket of your drip pot. Place the coffee grounds inside the filter paper and pour a cup of water over the grounds to wet and settle them. Add the remaining water and let it drip through the pot. To serve, pour the espresso into 4 demitasse cups and garnish each with a lemon peel curl.

Cafe au lait (hot)

- 2 cups whole milk
- 2 cups French roast coffee

Heat the milk to scalding using a pressurized steamer or in a small saucepan over medium heat. (If you heat the milk with a pressurized steamer, you will make your milk nice and frothy.) Pour the hot coffee and hot milk simultaneously into 2 French cafe au lait bowls or 4 regular sized cups.

Cappuccino (hot)

- 2 2/3 cups espresso
- 1 1/3 cups whole milk, steamed

Authentic cappuccino is made with an espresso machine that has a steamer attachment. If a steamer is not available, the hot milk can be whipped in a blender for 1 minute. Gently fill each of 4 cups one third full of espresso and one third full of hot steamed milk and top with one third foam.

Cafe mocha (hot)

Mix 1 oz. chocolate syrup and 1 shot espresso. Fill the remainder of the cup with foamed milk and top with whipped cream and chocolate sprinkles.

Cafe frappe (cold)

- 1.5 dl strong, cold coffee (1 dl = 6 tablespoons + 2 teaspoons)
- 2 tbsp cream
- 1.5 tbs sugar

Mix well the ingredients. Place the drink in a freezer, mixing with a spoon every once in a while. Once the drink has frozen into a sludge, pour it into a tall glass and serve.

Iced latte (cold)

- Ice
- 1 shot espresso
- 2 ounces peach syrup
- 1 ounce raspberry syrup
- cold milk

Fill a 12 ounce glass with ice. Add espresso and syrups. Fill glass with cold milk and stir. If you want to make another flavor (i.e. vanilla) just add syrup of the flavor that you want instead of the peach and raspberry ones.

Frappuccino - Mocha (cold)

- 3 or 4 cups of ice depending on consistency liked
- 2 shots of cappuccino (shot glass)
- 3 1/2 shots of Hershey's chocolate syrup
- 1/2 cup of 2% whole milk

Blend together until ice is liquified.



The Caffeine Count

by Sarah Hamelin
staff writer

Coffee itself accounts for about three-quarters of the caffeine that we consume, tea 15 percent, soft drinks about ten percent, and chocolate about two percent. So does this mean people are more likely to grab a cup of coffee over a bottle of pop? Obviously so it seems; of course I presume factors like heat and thirst actually have an impact on what beverage you would select, but that's your choice. So before making a choice, here's a brief rundown on how much caffeine is actually in each type of coffee you could grab, this of course being a limited list to remain, well, brief.

Your run-of-the-mill cup of fresh drip coffee is said to contain 115 to 175 mg of caffeine in it, which contains almost your full 200 mg per day right in the one cup. However, if you wanted to prolong it so you could get two cups in, you could try drinking either brewed coffee or instant coffee, respectively containing 90 to 140 mg and 66 to 100 mg of caffeine. Despite its name, decaffeinated coffee still contains 2-4 mg, but is the lowest ranked beverage containing trace amounts. A shot of espresso contains about 100 mg of caffeine, where beverages such as cappuccino, cafe latte, and cafe mocha each have only about 35 mg.

So for a quick pick-up try something like a cappuccino or latte, which has significantly less caffeine than something like an espresso. If you want something that will kick in and give you a long lasting rush however, reach for some brewed coffee or the fresh drip, but just remember that with the rush, there will eventually come the crash as it fades away, leaving you possibly more exhausted than you were to start.

Caffeine Addiction Quiz: Are You An Addict?

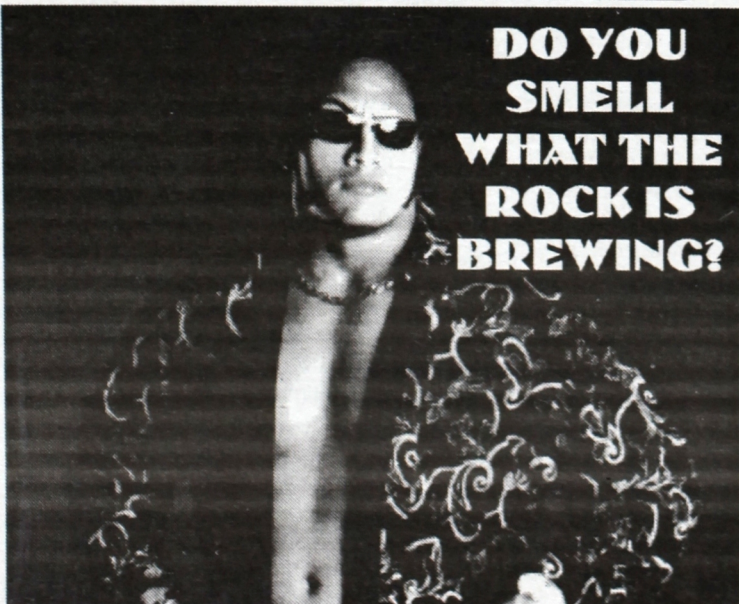
Instructions for this quiz: Simple, just circle the answer that applies best to you, being (a), (b), or (c). Also, keep track of the time, it is very important how long it takes you to get through the quiz!

- 1- How many cups of a caffeinated beverage did you consume today (if it is before 6am, please use your totals from the previous day)?
a) none
b) a few
c) I don't got that many fingers, dude.
- 2- Do you like your coffee regular or decaf?
a) decaf
b) regular
c) I like Jolt damnit! Give me my Jolt!
- 3- Who makes Jolt Cola?
a) I don't know.
b) Hang a sec, I'll check this can next to the paper
c) Wet Planet, duh!
- 4- What's the Jolt Cola Logo?
a) I never seen it.
b) A lightning bolt through the O in Jolt.
c) A lightning bolt through the O in Jolt with a red shadow.
- 5- What is the proper way to spell the drug that this page is about?
a) this page is about a drug?
b) caffeine
c) Hey man, I missed the question while I was sipping my Dew... repeat por favor?
- 6- What is better, a beer or a Mountain Dew?
a) they both taste like piss.
b) beer.
c) DEW DEW DEW!
- 7- What is the meaning of life?
a) to multiply and be fruitful.
b) to die and return as a taco.
c) CAFFEINE BUZZES!
- 8- What does MSG make food taste like?
a) what's MSG?
b) CHICKEN!
c) I just spilled my freakin' coffee all over my paper.
Come again?
- 9- How many letters are there in the word caffeine?
a) 3
b) 8
c) Hey... my can of Dew says... LETS GO FOR BOTH!
- 10- Is this your second time taking the quiz?
a) no
b) yes
c) no, third (or more)

Check your time! If you took more than 10 minutes, please study the quiz, and try back later.

Ready for the results? Count up your answer in As, Bs, and Cs. Multiply the total number of As by 0. Multiply the total number of Bs by 1. Multiply the total number of Cs by 2.

Am I an addict? If you total score is 1 or more, you are an addict. If your total is zero, you can't count.



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AIDS Awareness Week

presented by peer health educators

Anyone, anywhere who has unprotected sex or shares needles can become infected with HIV, and develop AIDS. AIDS stands for Acquired Immuno-Deficiency Syndrome. HIV stands for Human Immunodeficiency Virus. AIDS is the advanced stage of the disease caused by HIV. The HIV virus attacks the body's immune system and nerve cells. Over time the immune system and the nervous system became damaged, and an HIV-positive person can become sick with different illnesses. At this point, the person is diagnosed with AIDS.

HOW IS AIDS TRANSMITTED?

HIV infection is only passed through **semen, vaginal fluids, breast milk and blood**. Other body fluids like mucus or vomit, do not transmit HIV unless they contain infected blood. Even if HIV-infected blood touches your closed skin, it won't cause infection. For you to get infected, enough HIV-infected blood has to get into your bloodstream through an entry point like an open sore or cut. In our daily lives, such blood-to-blood contact with others is unusual - even in cases of biting, scratching, accidents or fights. The three main ways you can get HIV and AIDS are:

- *having **unprotected sex** (especially having vaginal or anal intercourse without a condom)
- ***sharing needles or other drug equipment** or
- ***receiving the virus as an infant**. If a pregnant woman has HIV, the baby can get the virus from her during pregnancy, delivery or breast feeding.

You can also get infected if you have:

- *oral sex without protection, where semen or vaginal fluid or menstrual blood enters open cuts or sores in your mouth (this is lower risk)
- *unsterilized needles for tattooing, skin piercing or acupuncture
- *sex toys, razors and toothbrushes

You cannot get infected from:

- *casual, everyday contact with people
- *shaking hands, hugging, kissing
- *coughs, sneezes
- *giving blood
- *swimming pools, toilet seats
- *sharing eating utensils, water fountains and washrooms
- *mosquitoes, other insects, animals

HOW CAN I HAVE SEX MORE SAFELY?

You can have fun -and erotic sex - with no risk of getting HIV. Just choose safeguards that prevent any semen, vaginal fluids or blood from entering your bloodstream.

Some examples of safe sex include:

- *kissing
- *fondling, touching, rubbing, massaging
- *masturbation (alone or with your partner)

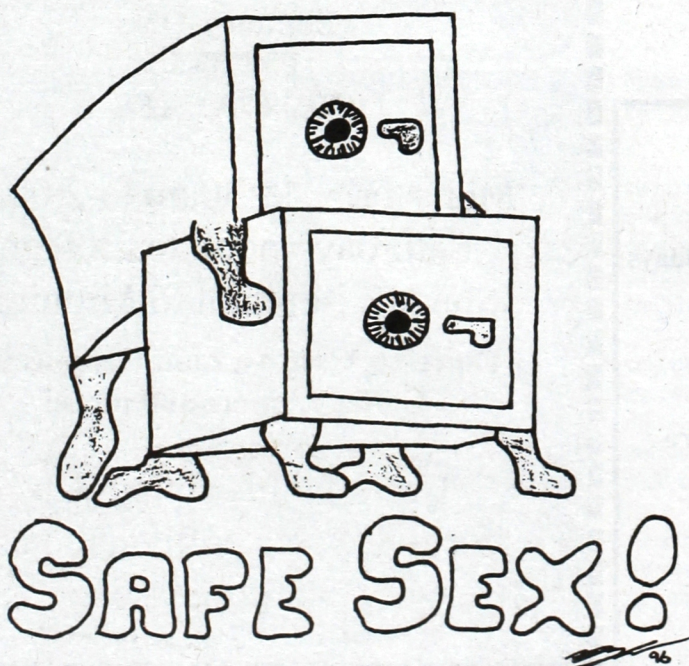
No risk activities: Touching the penis, vagina or anus isn't normally risky. It becomes risky when you have open cuts or sores that could allow any HIV-infected semen, vaginal fluids or blood to enter your bloodstream.

Some risk activities: Oral sex has some risk, but it is considered "low" risk because saliva doesn't transmit HIV. If you have any open cuts or sores in your mouth, infected semen or vaginal fluids could enter your bloodstream during oral sex.

High risk activities: The lining of the vagina and the anus is delicate and thin. It breaks easily and invisibly. That's why the riskiest types of sex are:

- *having vaginal or anal intercourse without a condom, and
- *sharing or inserting sex toys without using a condom, or without cleaning then

REMEMBER, ALWAYS PRACTICE



TO HAVE SEX MORE SAFELY:

Talk to your partner about safer sex **before having sex**

*Use a latex condom for:

- *vaginal or anal intercourse
- *oral sex on a man
- *oral sex on a woman (place a condom cut open lengthwise or a dental dam over

her vagina as a barrier), and

*sharing sex toys

*Use lots of water-based lubricant. Don't use Vaseline or oil-based products that weaken condoms.

*Try a female condom. They are:

- *polyurethane (not latex)
- *inserted before sex

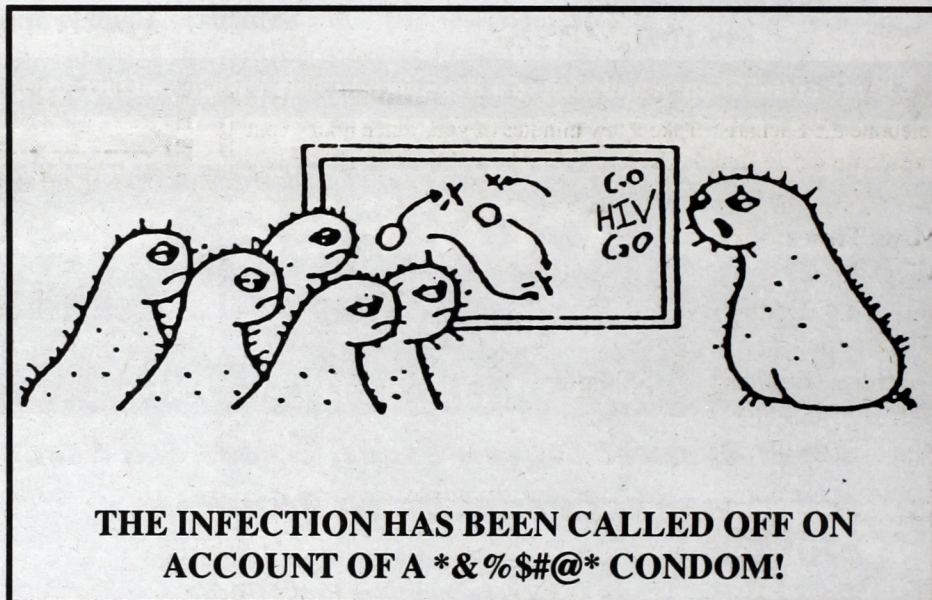
WHERE DO I GET TESTED?

The HIV test is a simple blood test that tells you whether or not you are HIV positive. Get tested at a health center, Sexually Transmitted Disease clinic or by your doctor. Call your Laurentian University Health Services Department @ 675-1151 ext. 1067 or 673-6546, or local AIDS organization for information. HIV antibodies do not appear in your blood until 3 to 6 months after you've been infected. Get tested at least 3 months after the last time you put yourself at risk.

Alcohol or drugs won't infect you with HIV, but taking risks while you're drinking or getting high might. When you drink or use drugs, it's easy to get reckless and not bother to use a condom. Having unprotected sex is one of the most common ways to become infected with HIV. You might also take the risk of sharing a needle. Whenever anyone shoots up, a tiny amount of blood stays in the needle or syringe. If you use the same needle as someone who is infected with HIV, you shoot their infected blood into your bloodstream.

DON'T RE-USE CONDOMS.

REMEMBER, WHETHER YOU THINK YOU ARE INFECTED OR NOT, KEEP PRACTICING SAFER SEX, AND DO NOT SHARE INJECTING EQUIPMENT.



Hepatitis B: What You Need to Know?

Did you know that the Hepatitis B virus is 100 times more contagious than HIV?

What is Hepatitis B?

Hepatitis B is an inflammation of the liver caused by the Hepatitis B virus. Other viruses which cause Hepatitis include Hepatitis A, and Hepatitis C. At least 35% to 40% of infected people are unaware of how they got it. Unlike many other diseases, there is a well tolerated and effective vaccine to protect you against Hepatitis B.

Hepatitis B is commonly transmitted through sexual contact. Sexually active young adults are considered to be most at risk of infection. Hepatitis B as an STD is a serious problem because condoms do not necessarily protect you from the disease. Not only semen, but saliva, vaginal secretions and blood can transmit the virus.

Is there a cure?

There is no cure for Hepatitis B and there is no effective treatment for it. Fortunately, Hepatitis B can be prevented. Vaccination is the best way to protect yourself now and in the future from the risk of getting Hepatitis B infection or becoming a carrier.

Where can I get the vaccine?

Contact your doctor of Health Services located in SSR. For more information regarding the Hepatitis B virus and other STD's come to an information session on Thursday Nov. 25th at 12:00. This session will be presented by 3rd year nursing students.

NSA & CNSA Christmas Dance
November 27 @ Mine Mill Hall
Tickets \$5
Call ext. 3004 for more info.

Twass The Night Before 2000

Everyone is invited to attend the special... "Twass The Night Before 2000" Christmas Concert. The concert takes place Saturday, November 27th at 7:00 pm at the Fraser Auditorium. Join Nickel City Sound, Cheryl Cerri, Jeremy Mahood and some of Northern Ontario's best recording artists in this fantastic Christmas Concert presentation ending with a carol sing featuring the All Nations Worship Team. Also featuring our special guest host, Gerry Loughheed Jr.

Advanced tickets are only \$10 and are available at Cornerstone Bookstore or by calling 674-2585. Presented by Harvest Ministries & All Nations Church.

Sister Anthony Daniel Art Exhibit at STC

November 25 to January 10

The Sudbury Theatre Centre is pleased to exhibit the work of Sudbury artist Sister Anthony Daniel C.S.J. during the run of its production of **A Christmas Carol**. Sister Anthony has worked in oil, water colour, lithography, pen and ink, as well as zinc and copper etchings, pottery and sculpture.

During past summers, Sister Anthony continued to work in visual arts at Cardinal Stritch University, Milwaukee. There, she was drawn to the oriental Chinese brush painting, a 4000 B.C. technique which she finds the most challenging of all the media in which she has worked.

After her retirement in 1992, she continues to paint and volunteers teaching art to both children and adults. Sister Anthony strives to express her deep appreciation of nature and draw attention to the living beauty, harmony and unity of creation in her works. Sister Anthony's art will be displayed at the Sudbury Theater Centre from November 25 to January 10.

An Oasis

Each day at 12:15 pm in the Round Chapel at the University of Sudbury, a few students, faculty and staff gather to hear the Word of God and celebrate the Eucharist. Take a few minutes of your lunch hour to put a new harmony in your day by letting God be at the centre of your life. Welcome!

Mass Times:

Weekdays:

(French & English) 12:15pm

Weekends:

Saturday (English) 5:00 pm

Sunday (French) 5:00 pm

Sunday (Bilingual) 10:30 am

The SGA is embarking on a new venture.

We will be establishing a food bank in order to address the growing needs of our Off Campus students.

This Food Room and Resource Centre will be open to all Off Campus students on Wednesday, December 1, 1999.

We are appealing to the Laurentian community to help us with this worthwhile venture. A food drive will be held from Nov. 15 to Nov. 24.

Please drop off all non-perishable goods and hygiene products at the SGA office or in the Big Blue Food Depot outside the office in the Student Centre.



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Coach needed for Women's Soccer - Must be free from 5-11 on Sundays. Recreational league. Call Francine at ext. 2403

MESSAGE BOARD

To Matt. You are my best friend and I will love you forever. Happy Anniversary. Love Jeanette

Colleen - No clothing?!? It must be an outdoor expedition you have in mind! Lets run through the forest and scare woodland creatures with our naked beauty! Bryson

I have the frog. Stand by for instructions!

D.D. - You ignored me at the concert. I thought I was your one and only! Bryson

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GODSPELL

Sudbury Secondary School Performing Arts Program: The Gospel according to Saint Matthew is the basis for this popular musical. A joyous celebration of music and drama. Features the hit song "Day by Day". School Matinees: November 17, 18, 23, 24 at 11:30 am, \$3 per student. Public Performances: November 19, 20, 25, 26, 27 at 7:30 pm, \$12 adults, \$8 students and seniors. Principal's Club season's tickets are only \$50 adults and \$30.00 for students and seniors.

Calling All Scots and Scots Wannabes

Audition Call: Patchwork Players

The Patchwork Players will present SCOTS SAMPLE at the end of January, 2000. Musicians, singers, storytellers and dancers from the Scottish tradition are invited to audition by calling 522-3803.

The Patchwork Players is community-based and welcomes folks of all ages.

Time To Quit???

Come out and visit the New Smokers Health Centre opening Nov. 18 in the Northeastern Ontario Regional Cancer Centre. The clinic will offer one on one counselling and much more! Watch for more details soon!

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Le prix de l'excitation

par **Gérald D. Woodard**
Rédacteur Francophone

C'est incroyable comment les temps changent. Voilà un exemple parfait.

Une femme de Fort Lauderdale, en Floride, a récemment fait une demande de compensation pour une blessure reliée au travail. La femme, maintenant âgée de 40 ans, travaillait comme téléphoniste dans le domaine du sexe téléphonique avec la compagnie CFP Enterprises, Inc.

Selon son avocat, M^{re} Steven Sloodsky, elle a été affligée dans les deux mains du syndrome du canal carpien, une condition qui afflige ceux qui font des motions répétitives. La cause de sa condition : la masturbation.

Selon M^{re} Sloodsky, la femme se serait masturbée jusqu'à sept fois par jour en parlant avec des clients au téléphone.

Chose surprenante : la femme a eu gain de cause au tribunal. M^{re} Sloodsky dit que sa cliente a accepté, au début du mois, un « règlement minime », sans pour autant préciser le montant. Il dit ne pas savoir si c'est la première fois qu'un tel cas est présenté, mais affirme que c'est définitivement hors de l'ordinaire.

Oui, c'est incroyable comment les temps changent!!

L'ouverture du nouveau laboratoire informatique

par **Gérald D. Woodard**
Rédacteur Francophone

Le mercredi 17 novembre, le Département de mathématiques et d'informatique de la Laurentienne a fêté l'ouverture officielle du Laboratoire d'informatique Sun Microsystems du Canada. Le nouveau laboratoire est situé au Département de mathématiques et d'informatique et profitera grandement à tous ceux qui poursuivent des études en informatique à la Laurentienne.

Sun Microsystems du Canada a fait un don en nature d'une valeur de 676 890\$ à l'Université, montant qui a été majoré d'un montant égal venant du gouvernement ontarien dans le cadre du Programme d'accès aux perspectives d'avenir (PAPA) qui favorise la coopération entre les universités et le secteur privé.

Ce don de Sun Microsystems a rendu possible l'achat de 90 ordinateurs allant de postes de travail en réseau JavaStation^{MD} à des postes SunMD Ultra^{MD}, en passant par des serveurs Sun^{MD} Enterprise^{MD}. Ces ordinateurs serviront aux étudiants inscrits en première année aux cours d'initiation à la programmation en Java^{MD} ainsi qu'aux étudiants inscrits aux années supérieures à une variété de cours spécialisés.

Grâce au programme PAPA, la Laurentienne s'attend aussi à recevoir près de 1,05 million de dollars ouvrant droit à un montant égal du gouvernement provincial. L'Université a également pu profiter de subsides courants de ce programme en vue de favoriser les inscriptions en informatique qui devraient doubler d'ici l'an 2001. L'Université recevra en effet 600 000\$ au cours des deux prochaines années (200 000\$ pour l'année universitaire 1999-2000 et 200 000\$ pour l'année suivante).

Vous vous êtes blessé en pratiquant des sports cette semaine?
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**À se cogner la tête contre les murs, il ne vient
que des bosses.**

- Musset

La Belle Province

Ottawa reste muet quant à ses intentions pour le prochain référendum

par **Gérald D. Woodard**
Rédacteur francophone

Les intentions du fédéral quant aux conditions d'un prochain référendum ne seront pas connus tout de suite. Malgré beaucoup de spéculations et de rumeurs, le Ministre des Affaires gouvernementales, Stéphane Dion, ne voulait rien dire la semaine passée.

À sa sortie de la chambre des communes, M. Dion a fait savoir qu'il n'avait pas de commentaires sur les rumeurs qui couraient. « Écoutez, je n'ai rien de plus à dire que ce qu'il y a dans le discours du Trône. Je ne commencerai pas à commenter toutes les rumeurs parce que je ne ferais plus que cela. »

Le gouvernement fédéral considère, depuis plusieurs semaines, la possibilité de déposer un projet de loi en chambre qui fixerait la question et la majorité requise lors d'un autre référendum sur la souveraineté québécoise. Selon certains, la prochaine réunion du Conseil des ministres, qui a lieu cette semaine, trancherait sur la question, et le projet serait déposé la semaine prochaine.

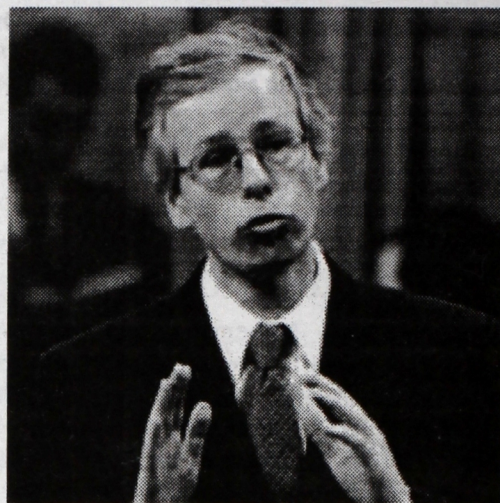
« Nous voulons fortement que le gouvernement du Québec cesse de laisser entendre qu'il va tenir un référendum pendant le présent mandat

alors que les Québécois n'en veulent pas » a dit M. Dion lundi. Il a affirmé qu'Ottawa veut améliorer le Canada et s'assurer qu'il reste uni.

À la Chambre des communes, la confusion régnait toujours lorsque M. Dion a dit que le fédéral n'avait pas l'intention de fixer la forme de la question référendaire, mais qu'il fallait toutefois refuser toute question qui ne soit pas claire.

Quant au discours du Trône du mois d'octobre, ce n'était pas plus précis. On y avait dit que le gouvernement s'assurerait que « le principe de clarté énoncé par la Cour suprême du Canada [soit] respecté » sans pour autant parler des moyens d'y arriver.

Il semblerait, toutefois, avoir une division dans le caucus libéral sur cette question. Le premier ministre et M. Dion semblent être partisans de la ligne dure soutenant que, vu la baisse actuelle de la popularité de l'indépendance dans les sondages, il faudrait agir tout de suite. Mais plusieurs députés



québécois craignent que la ligne dure, y compris un projet de loi, fournira des munitions aux souverainistes.

Quant au Bloc Québécois, le chef Gilles Duceppe dit que le ministre Dion entretient un « flou artistique » sur les intentions du fédéral. Il promet une « bataille rangée » si un projet de loi est déposé. « On va utiliser toutes les procédures possibles pour tout retarder. On trouve inacceptable que le Parlement d'Ottawa outre passe ses droits et passe par-dessus les droits de l'Assemblée nationale du Québec, contre, d'ailleurs, la volonté des trois partis à Québec. »

Vous n'avez pas à le supporter

Tel que nous avons promis il y deux semaines, voici une liste des ressources disponibles sur le campus pour les étudiants victimes de harcèlement (sexuel, racial, etc.). S'il vous plaît, soyez avisés que plusieurs de ces personnes n'offrent pas de service de conseiller et ne sont pas qualifiées pour en offrir. Ils sont là pour vous écouter et pour vous diriger dans la bonne direction (tel que vous diriger à une autre association ou agence) afin de résoudre votre problème. Le service de conseil est indiqué seulement dans les cas où il y a une personne disponible et qualifiée. De plus, les numéros indiqués ne sont pas des lignes d'urgence; vous aurez probablement à prendre rendez-vous.

Responsable de harcèlement

Bettina Brouckerhoff-Macdonald, poste 3422

Locale L826

Heure de bureau :

Lundi : 12 h 30 - 15 h 00

Mardi : 9 h 30 - 11 h 00 et 12 h 30 - 15 h 00

Mercredi : 12 h 30 - 16 h 30

Jeudi : 9 h 30 - 11 h 00 et 12 h 30 - 16 h 30

Vendredi : 9 h 30 - 11 h 00 et 12 h 30 - 16 h 30

Sécurité :

Larry Dénommé, poste 4882

Associations d'étudiants :

Temps-partiel

AETL : 673-6503

Conseillères : Sonia B.-Inkster

Mary Dunn

Deuxième cycle:

GSA : SVP contacter la responsable de harcèlement

Temps-plein:

AGE : Todd Bozak, poste 1083

AEF : Renée Dutrisac, poste 2408

Étudiants autochtones :

NSA : Shelly Moore, conseillère, poste 1048

Autres services :

Centre des femmes : poste 1089

Coordinatrices : Chantal et Kim

Les conseillères signes des contrats de confidentialité. Tout ce que vous dites restera entre vous et la personne à qui vous parlez. Nous fournissons aussi des noms de services hors-campus.

Centre d'orientation et d'information :

Dr Sidney Bergeson, poste 1042

Dr Paddy Blenkinsop, poste 1030

Christine McInnes, poste 3205

Boîte vocale : poste 7800

Besoins spéciaux :

SVP contactez la responsable de harcèlement

Services de santé : poste 1067

Lynn Rivet, infirmière, poste 1055

Le département de Personnel n'est pas responsable pour l'Équité en éducation et en emploi. Au meilleur de leur connaissance, il n'y a plus personne responsable de ce dossier.

L'Usage Français

Cette rubrique est consacrée aux nuances de la langue française. Elle fournira, grâce à des extraits du *Langagier* du Département de Français, des clarifications sur l'usage, correct et incorrect, de certains mots et combinaisons de mots. Ici, on retrouvera aussi, parfois, de petits jeux de mots pour vous amuser. Si vous avez des mots sur lesquels vous voulez être éclairés, faites-les parvenir au Lambda ou au *Langagier* (Département de Français). Nous voulons remercier le rédacteur du *Langagier*, le Docteur Pascal Sabourin, pour sa coopération.

Faire ses groceries ou ses épiceries?

Voici un cas des plus intéressants. Saviez-vous que l'anglais *groceries* vient de *grocer* et que ce mot-ci a été emprunté de l'ancien français *grossier* (le marchand de gros), lequel tenait du latin *grassarius*? (Sherlock Holmes ou Arsène Lupin : votre choix!) L'anglais *grocer* (la personne) a donné *grocery* (le magasin) et *groceries* (les aliments qu'on y trouve). Le terme *grossier* (commerçant de gros) persiste encore en français dans l'expression « marchand grossier » (ne pas confondre avec le marchand mal élevé!). C'est probablement pour éviter l'équivoque que le français d'aujourd'hui préfère le terme *grossiste* (emprunté de l'allemand *grossist*). Le français moderne a aussi *grosserie* (un commerce de gros). Ainsi, si vous achetez vos denrées alimentaires chez Loeb Wholesale, vous allez littéralement à la *grosserie* pour y faire vos *épiceries*.

Épiceries? C'est culturel, chère Jacqueline, c'est culturel! Si

au Moyen-Âge on allait chez le *grossier* pour ses denrées (comme l'Anglais allait chez le *grocer*), les Français se rendent, à partir de 1248, chez « l'espicerie » (la personne, au féminin), qui tenait une *épicerie*, où se vendaient d'abord des épices, des drogues, des aromates et des confitures, puis, avec le temps, toute la gamme des produits d'alimentation. C'est pourquoi, en français, on se rend chez l'épicer/l'épicière pour y faire ses *épiceries*, non chez le marchand grossier pour y faire des *grosseries*!!! (Le *Langagier*, 6, septembre 1994)

Édifice, Pavillon, Bâtisse, Bâtiment, Immeuble

À l'Université Laurentienne, on emploie le terme *édifice* pour désigner les différents bâtiments du campus. Ainsi, les panneaux disent : **Édifice de l'entretien, Édifice des Arts**, etc. Cet emploi repose davantage sur la tradition que sur le sens précis du terme, car *édifice* se dit d'un bâtiment d'une certaine importance et d'une certaine valeur architecturale. La tour Parker est sans doute un bel *édifice*, mais pourrait-on en dire autant du bâtiment de l'entretien?

À l'Université Laval et à l'Université d'Ottawa, le terme *pavillon* désigne les différents bâtiments de la cité universitaire. *Pavillon* signifie une construction indépendante appartenant à un ensemble de bâtiments voués à une même activité et situés généralement dans une même enceinte. Les bâtiments de l'Université Laurentienne correspondent-ils à cette définition?

La bâtisse, c'est le gros oeuvre

d'un bâtiment, c'est-à-dire les fondations, les murs et la toiture; ou bien, et de façon péjorative, une construction dépourvue de valeur esthétique. Au Canada français, le mot *bâtisse* n'a pas de connotation péjorative et il désigne une construction d'une certaine importance. Il est surtout employé dans la langue familière.

Bâtiment est un terme générique qui s'applique généralement aux constructions d'une certaine importance. On dira donc : **les bâtiments** de l'Université Laurentienne sont en piètre état. On dit aussi : l'industrie du **bâtiment**. Dans le Canada français rural, on l'employait pour désigner les dépendances de la ferme.

Immeuble, c'est un grand bâtiment d'une certaine importance, souvent divisé, à la construction, en appartements ou en bureaux. Ainsi on parle de : **Immeuble locatif, immeuble résidentiel, immeuble de bureaux**. Selon cette définition, le campus de l'Université Laurentienne ne renfermerait pas d'*immeuble*. On pourrait, à la rigueur, appliquer ce terme à la tour résidentielle des étudiants qui est un *immeuble* d'une dizaine d'étages.

(Le *Langagier*, 2, janvier 1994)

Dans la dernière rubrique de l'Usage, nous vous avons proposé un petit jeu de mots. Nous vous avons demandé de faire une phrase au complet avec les mots suivants:

pir vent venir
un vient d'un

La réponse : Un soupir vient souvent d'un souvenir



Les Maux du rédacteur

Un boycott du Molson?!!

Par **Gérald D. Woodard**
Rédacteur francophone

Il y a eu une petite nouvelle bien intéressante dans les journaux la semaine passée. Les Travailleurs de l'automobile du Canada (TAC) demande que tous les Ontariens boycottent les produits Molson. Le syndicat, qui représente les travailleurs de Molson, est outré par la décision de la compagnie de fermer sa brasserie à Barrie pour réduire ses coûts. On est inquiet que la compagnie veuille consolider ses activités et agrandir ses opérations à sa brasserie de Toronto. Quelque 300 travailleurs de Barrie, dont l'âge moyen est d'environ 46 ans, pourraient se trouver sans travail.

Mais, vous allez demander, qu'est-ce que ça change dans ma vie? Facile, mes chers amis. D'abord, nous sommes tous conscients de la situation grave du travailleur au Canada et du pouvoir énorme que tiennent les grandes sociétés, et nous voulons tous aider nos confrères et consœurs à s'en sortir. OK, peut-être nous ne sommes pas tous des réactionnaires (même, à juger par les manifestations étudiantes ces dernières années, nous ne sommes pas nombreuses.) Mais, il y a autre chose plus sérieuse qui touche profondément les étudiants.

Avez-vous été au Pub dernièrement? (Je sais, c'est une question ridicule.) Comme nous savons tous, il n'y trouve que des produits Molson. Cela soulève une question bien intéressante. Que fera l'AGE? Va-t-elle continuer à fournir aux étudiants des produits Molson, malgré cette crise syndicale? Ou, bien, est-ce que Todd Bosak, défenseur ardu des travailleurs et des démunis, va convaincre les autres membres de l'exécutif d'appuyer un tel boycott? Et, si oui, que va-t-on servir « Downunder »? Certes pas des produits Labatt!!

Je pense que l'AGE et Todd Bosak se trouvent devant une situation de laquelle il est impossible de s'en sortir. On ne peut pas enlever complètement les produits Molson du Pub sans choquer les étudiants, mais on ne peut pas continuer à les vendre sans nier au principe de la fraternité syndicale. Hélas! Que la vie est difficile!

Il faut le dire, je ne m'attends pas du tout à voir un boycott sur le campus. Je pense que c'est une bataille que l'on a perdue avant même de l'avoir entamée. Et ce n'est pas seulement à la Laurentienne. Après tout, on parle de la bière. Demander à des Canadiens de boycotter de la bière, c'est comme demander à Bill Clinton de boycotter des cigares et des stagiaires!

Mais, il fallait quand-même aborder le sujet. Imaginez un Pub sans produits Molson! La vie universitaire serait transformée de façon incroyable. Il y aurait des étudiants qui ne sauraient pas quoi faire. Peut-être ils seront même obligés d'étudier pour passer leur temps. Quel horreur! On est mieux ne pas même y penser.

La pensée de la semaine

De nos jours, les ouvriers de notre pays deviennent de plus en plus des pions dans un jeu auquel ils ne participent même pas. Il ne sont que des outils qui servent à remplir d'argent les poches de leurs maîtres. Avec les pauvres et les étudiants, ils se trouvent sous un joug qui pèse de plus en plus lourd. Un autre l'a très bien dit: Avoir des esclaves n'est rien, mais ce qui est intolérable, c'est d'avoir des esclaves en les appelant des citoyens.

— Denis Diderot

Comment prendre une douche comme un homme

1. Assis sur le bord du lit, enlever vos vêtements et les laisser dans un tas à terre.
2. Allez à la salle de bain avec une serviette au tour de la taille. Si vous voyez votre femme ouvrez la serviette.
3. Regardez dans le miroir votre physique masculin. Prenez un grand respire pour faire disparaître la bedaine et pour voir si vous avez des pectoraux.
4. Ouvrez le robinet et recevez un jet d'eau froide dans l'oreille parce que vous n'avez pas fermé la douche hier.
5. Vérifiez encore les pectoraux.
6. Entrez dans la douche.
7. Ne faites pas l'effort de chercher la barbouillette. (Vous n'en utilisez pas.)
8. Lavez-vous le visage. (Facultatif)
9. Sifflez quelques mesures de la chanson Irish Spring.
10. Lavez-vous les sous-bras. (Facultatif)
11. Lavez-vous la région des génitaux. (Obligatoire!!)
12. Lavez-vous le derrière. (hein,.....)
13. Crachez tout ce qui vous pourrait être pris dans la gorge, tel une boule de cheveux, un chat, une capsule de bière...
14. Lavez-vous les cheveux avec le pain de savon bleu désodorisant. (Pas besoin de revitalisant)
15. Faites un «Mohawk» au shampooing. C'est cool au bout, ça!
16. Ouvrez le rideau et regardez-vous dans le miroir.
17. Goûtez un peu au shampooing au gingembre de votre femme.
18. Urinez. (Dans la douche)
19. Mouchez la narine droite. (Sans mouchoir)
20. Mouchez la narine gauche. (Sans mouchoir)
21. Rincez et sortez de la douche.
22. Revenir à la chambre en portant une serviette. Si vous voyez votre femme, ouvrez la serviette.

? Chères Héléna et Kat ?

Chères Héléna et Kat : Ma coloc a su que j'avais un vibreur et elle s'en est servi sans me le demander. Qu'est-ce que je devrais faire?

Héléna et Kat : C'est bien simple. Prenez 75\$ dans sa bourse et achetez-vous en un autre. Si elle réagit de façon négative, dites-lui que son petit plaisir n'était pas et ne sera jamais gratuit.

Chères Héléna et Kat : Ma blonde veut vivre un ménage à trois. Cela m'inquiète un peu parce que je pense qu'elle veut seulement conquérir mon meilleur ami. Comment puis-je faire pour lui dire non et être certain qu'elle ne me trompera pas?

Héléna et Kat : Tenez une soirée tige (sans pantalons, bien-sûr) et tout vous sera révélé - que vous soyez le seul homme dans sa vie ou non. Et si rien d'autre se passe, vous allez bien vous amuser.

P.S. Avez-vous considéré la thérapie? Nous pensons que vous avez besoin de relaxer un peu... Après tout, c'est les années 90... Vous serez étonné de connaître les idées qu'ont les femmes comme votre blonde.

Chères Héléna et Kat : Je travail au Grand Salon, et je me rends progressivement plus fou... Au secours! Au secours!

Héléna et Kat : Premièrement, arrêtez de manger la nourriture au travail. Nous ne pourrions pas vous donner de conseil plus sage que ça....

Envoyez vos lettres à franco_lambda@francemel.com ou les amener au local SCE-301

ARTS AND ENTERTAINMENT

Thornloe University Theatre's Production Our Country's Good is a Success

by Heidi Ulrichsen
Contributor

On November 12-14 and 16-20, Thornloe University Theatre presented its latest play, entitled *Our Country's Good*. This Timberlake Wertenbaker play is based on the novel *The Playmaker* by Thomas Keneally, and was directed by Laurentian University's Valerie Senyk. The eight performances of the play were enjoyed by both LU students and the general public.

The play is set in 1788, when British prisoners were being sent to prison colonies in Australia. The play stars these British prisoners, as well as the British army officers who have been sent along to guard the prisoners. Once in Australia, the Governor of the colony orders the inmates to participate in a play. The play leads to love, jealousy, death, fulfillment of dreams, and improvement in character within the group of prisoners.

Our Country's Good has extremely vivid characters who push forward the momentum of the play. By far the most interesting characters are the ones involved in the play within the play. This excellent example of frame narrative (ask Prof. Patti Brace what that means) stars characters Duckling Smith (Kristi-Ann Johnson), Liz Morden (Celia McDermott), Dabby Bryant (Melissa McDougall), Mary Brenham (Chanda Riggi), Robert Sideway (Micheal McMahon), John Wischammer (Micky Teed), Ketch Freeman (Micheal D. James), Black Caesar (Nik Moon), and John Arscott (Hans Schumann). The Governor of the colony orders this play to be directed by Second Lieutenant Ralph Clark (Dan Lessard) in an attempt to make his inmates more civilized in their behavior. The play eventually accomplishes more than this, as it gives the prisoners a reason to live.

The set erected by students at Thornloe University Theatre was

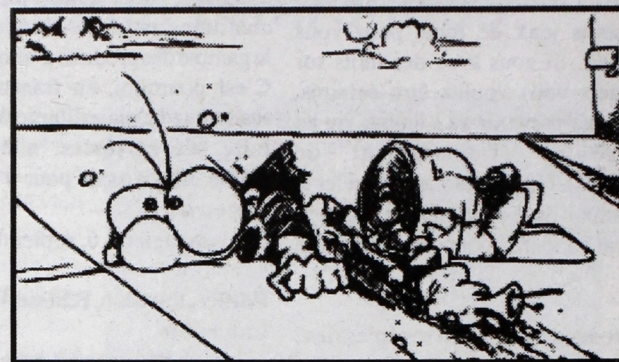
quite simplistic. It basically consisted of a painted beach on the floor, and a tree branch with a hanging noose. The actors did an exceptional job of compensating for this simplistic set with their competent acting and use of props. However, I thought that many of the props used in the play looked a little amateurish. For example, the British soldiers in the play had guns made of painted wood. I must admit that the probable reason for these types of props is the budget constraints of Laurentian's theatre productions.

The music used within the context of the play complemented the plot in an interesting way. For example, the classical music used throughout the play was ironic because it symbolizes upper class life in the 1700's, and the inmates are among the lowest ranks of society. However, the classical music shows the audiences that the inmates are growing emotionally towards a more civilized existence. The Australian aboriginal didgeridoo music used in addition to the classical music reminds the audience of the silent voices of the aboriginal victims being killed by European diseases.

I thought that *Our Country's Good* was an interesting play. It certainly gives a human face to an exciting period in British history, and has wonderfully dynamic characters. The plight of these characters makes one think about the hard lives that these forced colonists must have lived. Despite their hard lives, the inmate colonists are easy to laugh at because they are so exuberant and candid in their dialogue. The play also pays attention to the culture of the Australian aborigines, and informs the audience that many aborigines died of smallpox spread by early British colonists. I enjoyed watching this play, and I am definitely looking forward to attending future productions of Thornloe University Theatre.

Scraping Roadkill Off the Information Superhighway

by Nick Stewart
Entertainment Editor



Guess the Dictator/Sit-com Character

<http://www.smalltime.com/nowhere/dictator/>

If there's one thing the Internet is good for, it's wasting time. This site is a prime example of this, allowing you to waste time and have fun doing it. As you can guess from the title, it's an interactive game, where the site is actually your opponent. You have to pretend to be either an evil dictator or a sitcom character, and answer yes or no questions that the site asks you about "yourself". Based on your answers, the site can, within 80% of the time, guess who you are. I tried Jesse from *Full House*, Elaine from *Seinfeld*, Rachel from *Friends*, Paul Buchmann from *Mad About You*, and the site nailed me every time. I finally managed to stump it with Balky from *Perfect Strangers*. Fortunately, there's also an option that if you've stumped the game, you can add to its database by providing the character with an appropriately vague question, so Balky is now a part of the game. If you've got a free moment, give the game a shot. Despite that the site's won 10745 times and lost 16 723 979 times, don't let it fool you: It's fun, and so accurate that it's creepy.

BlackOps - The Robert Anton Wilson and Miriam Joan Hill Conspiracy Theory Homepage

<http://www.cruzio.com/~blackops/>

It's ironic that I come across the site for the book called "Everything is Under Control" the week after I've reviewed it. If you missed it, *Everything is Under Control* is basically an encyclopedia of "conspiracies, cults and cover-ups", and a must-read for any would-be conspiratologist. The book's website is basically the same thing, only a little less complete. The main feature is an alphabetical listing of conspiracies and different links associated with them. For example, clicking on "R" lists links on U.S. Radiation Sites, The Rainmaker (the conspiracy, not the Grisham film), Dr. Reich, Holocaust Revisionists, Roswell, and a few others. Even if you do own the book, this site is worth visiting as its listings are completely different, and a lot more current. The other interesting thing about this site is that if you happen to have an original conspiracy theory of your own, you can post it in an ongoing Conspiracy bulletin-board. Topics like the questionable deaths of John F. Kennedy Jr. and Jon Benet Ramsey have their own conspiracies here, so modern news tends to be a fodder for debate. Of course, seeing as how I liked *Everything is Under Control* so much, this site was a fun visit, and is suggested for anybody who has any remote interest in conspiracies. and all that fun type of stuff.

Hostess Heroes

<http://www.ape-law.com/hostess/>

I guess even superheroes need some extra cash every once in a while. Remember reading big ol' comic books when you were a kid and seeing those corny ads in 'em where Spiderman or Batman would be in a mini-comic hawking Hostess products? Well, this site is a huge collection of just about every one of those ads that were out there. Ranging from Iron Man to Wonder Woman to Captain America to Superman and every other 'classic' Marvel and DC superhero inbetween, the shameless commercialism of our beloved heroes selling out for Hostess is nothing short of hilarious. As the site's owner puts it, "Fresh out of the peace-loving Sixties, our favorite two-fisted superheroes began to look at their lives of wanton violence and wondered if there wasn't a better way to fight the forces of evil - perhaps using the overpowering arsenal of delicious Hostess snack products". He also makes the occasional smart-ass comments on the ads, which just makes it that much better. For example, in an ad where Peter Parker stumbles into his apartment and apologizes to Mary Jane for taking so long "getting some milk", M.J. responds with "No sweat Peter, the Hostess Cup Cakes you left me with were a lot more rewarding to me than you've ever been!", the site's owner comments, "Mary Jane introduces us to a whole new dimension of Hostess snack products...". As an added bonus, there's also a section for various odd comic ads, like Meatloaf, Humongous Rock Star of the Universe in an ad for the Special Olympics. It's all so absolutely absurd that it's perfect.



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DOWNUNDER

by Mat Thompson



Psycho Letters From Nick



c/o Lambda's Entertainment Section
Laurentian Mental Hospital
INS ANE

As I was walking through a convenience store in Winnipeg one day, I noticed these really bizarre flavours sitting in the Cold Drinks section. Stuff like Ginseng Tea was sitting next to cans of Pepsi. After checking it out, I noticed it was made by a beverage company called AriZona Beverages, which boasted that they made their products with more natural and organic ingredients than any other chilled beverage company out there. Of course, such claims cannot go unresponded to, and so I tracked down their email address and spouted this off:

Dear Arizona Beverages,

I love beverages. You could even say I'm a bit of a beverage expert. I'm so knowledgeable about beverages that my friends often tell me, "Nick, you should teach a college course on beverageology". I haven't gotten around to it yet, but I will someday. At any rate, I would like to tell you that in all my beverage knowledge, I often advocate your company's products as the best possible selection on the market today. This is due not only to the high quality of your products, but mainly because of your use of all-natural ingredients. I feel however that you could stand to use even more of a selection to your beverage "menu". I have had several ideas in this department that would take even more advantage of your use of natural ingredients:

- Lobster Cola: "Now, with the fresh taste of lobster!" You could even use advertisements like "Lobsterrific" and "Crustacealicious"!

- Dandelion and Honey Iced Tea: The French use dandelions to make salads, and even wine. Why not import this craze to America, under the form of iced tea? The honey is used of course to offset the atrocious bitterness of the dandelion (and to appeal to the Evian-guzzling crowd).

- Salsa and Strawberry Banana Cocktail: A combination never before attempted in the beverage world. It could be a great alternative to more mainstream cocktails, and could be a great source of catchy nicknames, like "Strawbasalsa"

- Friskiberry Surprise: Mainly made up of cornmeal and eggs. If it's good enough for cat food, than why not for people? Cats are known for their friskiness, I'm sure that the cornmeal in their food must have SOMETHING to do with it. Just add colouring and sugar so nobody can tell there aren't any actual berries in it.

These are just a few ideas I've had on the subject. Would I get any royalties if my ideas were actually used? At any rate, I would appreciate any and all feedback. I anxiously await your reply...and keep on making the greatest stuff around!

The Beverage Master,
Nick Stewart

Shockingly, it wasn't long before I got a response:

From: Francie Patton <azbev@fuse.net>
Subject: Re: Congrats and Concepts

Dear Nick,
Thanks for the great ideas. I will send them to New York to the head beverage guru. Keep those ideas coming!
Needless to say, this wasn't quite the response I was expecting. Are they on crack? Great ideas? Did they read the right email? Either they're quasi-serious or they're patronizing me...which I guess is probably the more likely of the two. Pretentious bastards.

Skewed News

by Nick Stewart
Entertainment Editor

Kathie Lee Charged With Crimes Against Humanity

After an extensive investigation led to the discovery of small children working for slave labor in sweatshops that produce her line of clothing, Kathie Lee Gifford was interrogated by members of the National Labor Committee. In this interrogation, Gifford was also questioned about various other crimes that she was suspected of being guilty of. These crimes against humanity include being incredibly irritating, a soul-crushingly hideous television personality and perhaps the worst of all, being an abysmally godawful singer. In her defense against this last charge, Kathie Lee proceeded to serenade her interrogators with a rendition of her own creation, "Hideous But Richer Than You". Gifford's eardrum-shattering song not only sent her interrogators all into simultaneous brain aneurysms, but also clinched her guilt as a notorious Humanity Criminal. Experts expect the U.S. government to press charges against Kathie Lee within the week, with a trial that should secure her place in history as a Humanity Criminal, along with fellow offenders John Tesh and Yanni.

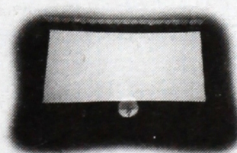
U.S Offers Amends to Fix 1.6 Billion Dollar Debt

After repeated excuses of "the cheque's in the mail" and "we've already lent our weekly allowance to Madagascar", the United States was finally confronted by the United Nations to pay up the 1.6 billion dollars that it owes in back fees and dues. American President Bill Clinton admitted to the U.N. that the U.S. didn't "exactly have that kind of cash at the moment", but would be willing to offer equivalent services to try and make up for its colossal debt. United Nations President Pur'due Mwqaxxaowpodioopolous accepted Clinton's proposal and has collected requests from the other countries that make up the UN as to what the U.S. should offer. The final list clocked in at a staggering total of eight hundred trillion requests, of which the United States is expected to fulfill a minimum of seven and a half trillion. Among the list of things that the U.S. must do for the good of the planet are: put Kathie Lee Gifford, Rush Limbaugh, Linda Tripp, Charlton Heston, Rosie O'Donnell, Ted Turner and Rev. Jerry Falwell on a plane which will then be flown directly into the sun under the piloting of Bob Saget. Other requests include subjecting every single owner of the Patty Stacker with sufficient radiation to render them sterile and unable to reproduce, making uttering the phrase "Like, totally" punishable by death and outlawing the export of any movie starring Chris Kattan which does not have him dying in violent and painful ways. With the execution of these sanctions, the U.N. fully expects the global population's average IQ to raise by about fifty points.

BIG NEWS!



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MUSIC FOR THE MASSES

REVIEWS BY MAT THOMPSON, MUSIC REVIEWER



Live - The Distance to Here

I hate to say it, but Live has slipped into that void of the 'same old, same old' band and sound that so many others have. They are a good band, but with the latest release *The Distance to Here*, they have just become 'that band that sang *Lightning Crashes*' and nothing more.

The Distance to Here has a few good songs on it, but nothing to rave about. *The Dolphin's Cry* is classic Live proving that they can still play the same music, but that is all the album is. The whole album is just the same sound throughout, never straying into new or different ground. Live seems to be stuck in a rut somewhere between alterna-rock and ballads. None of the songs are all out rock as they have a somber more relaxed undertone. And if you are looking for the next big slow song from Live, don't look here. There is nothing but melancholy rock and songs that sound the same as the past three albums.

I looked forward to reviewing this album, but after listening to it all I can say is don't spend your hard earned money on it. Hard-core Live fans may enjoy it, but if there is something else you were hoping to buy at the music store, go for it!



Korn - Issues

I don't know what to think. I was impressed by the last album, but for some reason *Issues* isn't as good. I know all the Korn fans (including the annoying drunk ones from last Thursday night) are going to be pissed at me, but I'm not going to say an album is good when it isn't.

The first single from the album is *Falling Away From Me* sounds a little more like Marilyn Manson on a bad day. This track, along with most of the others, sounds like the band doesn't care about what they are doing. There isn't the emotional push that earlier releases had. You just have to listen to *Freak on a Leash* again and you can hear the difference. This album seems rushed.

And don't be fooled by the cover art. There is only one new Korn album, not four. Korn had a contest to let their fans design their next album. The winner is the one you see here, but there are alternate covers available for you to choose from. I personally like the 'chalk drawings' cover, but I also like the old albums better than this one.

I don't know what else to say about this album except for maybe just skip this one. I admit that Korn is a good band, but just like other bands, they can't make great albums every time.



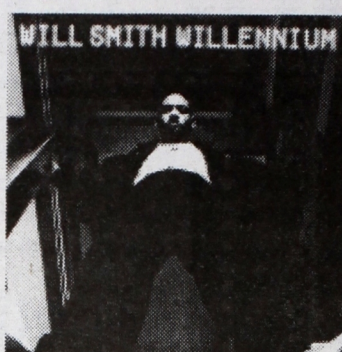
Queen+ - Greatest Hits III

So how does a band come out with more albums over ten year after the death of their lead singer? Well, Nirvana and Sublime do it all the time, so why can't Queen?! Actually, this *Greatest Hits* compilation has an added twist to it. The title of the band is Queen+ due to the fact that the album features Queen songs redone, remixed, or recorded with the remaining members of the band.

The album features many classic Queen tunes showcasing the amazing vocal talents of Freddie Mercury, but the draw seems to be the guest singers. You can almost guess that the godfather of all Queens, Elton John appears in an amazing rendition of *The Show Must Go On*. There is also recordings of *Someone to Love* by George Michael, *Under Pressure* remixed with David Bowie, and probably the best track on the album *Another One Bites the Dust* remixed by Wyclef Jean, Lauryn Hill, Pras and The Fugees. Although the song has been around for a few years it is still a great song to hear.

Enough about the guest singers and back to Freddie. Just listening to the Freddie Mercury tracks makes you realize just how much of a loss it was when he died. The man had one of the greatest voices in rock and had so much more to give. The songs chosen for this album are not the biggest and brightest tracks, but instead they are the ones that showcase the versatility of Freddie's voice. There are the classic rock tracks like *Princes of the Universe*, the operatic tracks like *Barcelona* (featuring Montserrat Caballé) and even a bonus un-released track *Thank God It's Christmas*. No other singer in the history of classic rock has put so much emotion and talent into his music as Freddie Mercury did. The album also features the track *Driven By You* by Queen member Brian May.

Even if you already have the double *Greatest Hits* CD, this album is undeniably the best of the band. This CD embodies everything about the band, past, present and future. Although Freddie Mercury has been gone for a while now, he will never be forgotten because of music like this. *Queen+, Greatest Hits III* is not only a *Greatest Hits* collection, but it is also a tribute to Freddie Mercury. No matter if you are a hard-core fan, or just a fan of a few songs, this is the ultimate Queen album to have. And the best thing... it doesn't contain *Bohemian Rhapsody*!



Will Smith - Willennium

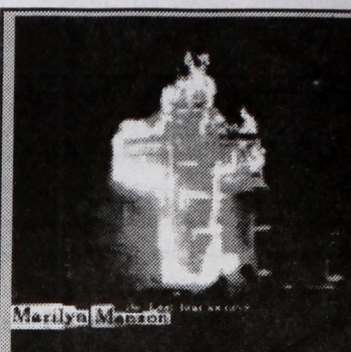
Who better to cash in on the millennium craze than one of the biggest selling rap artists of all time? No, it's not *Vanilla Ice 2000* (although that would be kind of cool), it's the golden child himself, Will Smith. I guess he figured that the end of the world is upon us, so why not try to sell as many albums as possible before it happens?

Willennium is the latest album to help Will Smith become one of the richest bastards around! The album contains fifteen tracks.. The only song that is old on the album is *Wild Wild West* which came out in the summertime on the soundtrack album. Other than the one rehashed song, this is one of the best Will Smith albums yet.

Not to be out done by Y2J, Chris Jericho, the first track off the album is titled *Will 2J* in which he talks about partying throughout time and remembering calculating how old he would be when the calendar turned to 2000. The song is a great dance song that lives up to the legendary dance tracks already produced by Will. And for those of you who are classic rock fans, Will 2J samples it's chorus from The Clash's *Rock the Casbah*.

Another thing that seems a little new to Will is having additional artists appearing in his songs with him. This album features a lot of different artists including K-CI, Lil' Kim, Tra-Knox, MC Lyte, Eve and others. Most rap albums always feature additional artists, but this album uses them to their fullest potential. The track *Who Am I* features former *Fresh Prince* little sister Tatyana Ali, *So Fresh* features the clown prince of rap Biz Markie, and most tracks are remixed by none other than Jeff Townes (AKA Jazzy Jeff). It is great to hear the two of them back together even though Will isn't referred to as *Fresh Prince* anymore. I guess he retired the name, but on the track *Pump Me Up* the album lists the performers as DJ Jazzy Jeff & The *Fresh Prince*. It seems no matter how big Will gets, he still remembers where he started. All you have to do is listen to the track and you will be transported back to the old days of *Parents Just Don't Understand* and *Nightmare on My Street*.

This whole album is like a best of the best playing with the best. It's hard to find an album hat is this good featuring this many great artists. Even without the additional artists this album is great, but they give the album a boost. Even if you aren't a big fan of rap music, this album will impress the hell out of you. There are no bad songs on the album. *Willennium* is truly one of the best albums I have heard in a long time. Check it out.



Marilyn Manson - The Last Tour On Earth

Oh my god! I have been listening to this album now for almost an hour and I think I am being corrupted. The music is entering my mind and making me think evil thoughts! I think I am going to go out and put on a black trench-coat, grow my hair long and ... get a burger. I actually have been waiting to see if this album is going to turn me into one of the mindless, devil worshipping drones that were promised me by Jerry Fallwell and other religious leaders, but for some reason it just isn't working. Damn! And I was looking forward to it too!

Parents hide your impressionable young children because Alice Cooper... I mean Ozzy... I mean Marilyn Manson is here to take over their minds. Religious groups hate him, parents are afraid of him, and kids love him... so why not release a live album to cash in on the fame? Along with being the Antichrist Superstar, Marilyn Manson is a pretty smart business man. His motto must be 'release as many albums as you can as long as you are hated'.

The album features fourteen of Manson's biggest tracks recorded live at different locations across the United States. All the songs your parents love to hate are on the album including *Sweet Dreams*, *The Dope Show*, *The Last Day on Earth*, *I Don't Like the Drugs* (But the Drugs Like Me), *Astonishing Panorama of the Endtimes* and *Antichrist Superstar*. The amazing thing is that the songs are even better live. Most people would think that Manson would suck in concert, but after listening to the album I see that they are dead wrong.

One cool bonus on the album is the extras added in by Manson like the taunting of the cops around the stage and the constant obscenities he has the crowd yell at the religious groups outside the arena. The man knows how to play a crowd and he does it with perfection. Who else could have just as many fans as enemies?

All in all, this is a great album! I bet in about ten years this album will be right along side the *Ozzy Osbourne Live* album and everyone will be claiming that Manson is a classic rocker while some new shock-rocker is being blamed for all the problems in the world. Oh, wait, I think I am finally starting to turn. I just thought about killing the fly on my monitor. Damn you Marilyn Manson. Without your music I would have never had such violent tendencies! That poor fly.

Canada's best reason, as of late, to rock hard

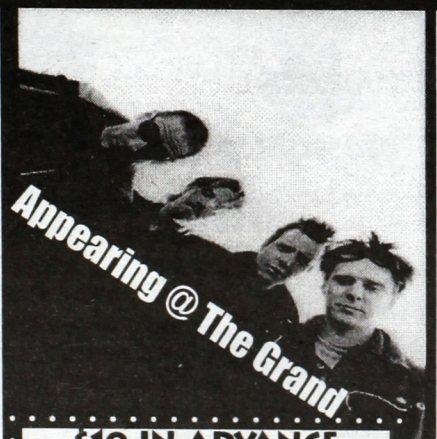


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Wide Mouth Mason Goes Down Under

by Chris Newman
Asst. A&E Editor

It's not very often that we get a really good band in the pub, but this past Friday, we actually got one! In an amazing turn of events **Wide Mouth Mason** dropped by, and they brought a guy dressed as a condom with them!!! Okay, I admit that the condom guy wasn't the highlight of the night (although I think it was for Mat) but he was pretty funky. And he was giving away free condoms. You can't beat that deal, folks.

But enough about the condom guy, let's talk about the band, shall we. They opened the show with a little musical number, featuring a guitar solo by front man **Shaun Verreault**, which melded into their hit single *Why* in such a smooth manner that you'd think they planned it that way. From there they played over an hour of nonstop, funky, high energy music that included more maj7 chords than had ever been previously played in the pub and probably all of their singles, including *My Old Self*, *This Mourning*, *Lay Me Down* and a veritable plethora of other greats.

What truly makes **Wide Mouth Mason** shine as one of Canada's best acts, really showed in this concert. These three boys from the



GTA are about as tight musically as any of the big American names, if not more so. They play so in sync that you'd think it was one mind playing all three instruments. What's more amazing is that their parts are so difficult to play, yet they can still pull it off without a hitch. Verreault is all over the fret board, playing very intricate chord voicings, while singing opposing parts. He's truly gifted.

This was my second time seeing **Wide Mouth Mason** perform, and although the light show wasn't as good this time around, it was probably a superior show; if only because of the layout of the Pub Down Under. It's great to see a big name like **Wide Mouth Mason** playing in a little bar on a stage that's only raised about an inch or so off the ground. At one point, I was able to get right up near the front and could make out exactly what chords and voicings Verreault was playing in *Why*, which is a real treat for a guitar player like me (for those keeping score, I was playing it right. SCORE!) I just hope that some other big names are going to show up at the Pub in the upcoming months as well. But until that time, we'll all have to appreciate what we got, which was an excellent performance by an excellent band.



Sudbury Invaded by Newfoundlanders

by Chris Newman
Asst. A&E Editor

Last Wednesday marked another visit to Sudbury by Canada's favorite bunch of Newfies, **Great Big Sea**. Combining traditional Celtic music with a modern rock twist, these four boys put on one hell of a show. But a question begs to be asked: If **Great Big Sea** puts on a hell of a show and no one is there to hear it, did **Great Big Sea** make a sound? This question will plague our great city (and perhaps even the world) for some time to come.

This is the fourth time **Great Big Sea** has graced our little mining town, and for the fourth time, they didn't fail to deliver. Although they did seem to drag ass for the first few songs, their energy seemed to pick up by the third or fourth song and carried on all the way through to their second encore.

They played all their hits, from *Mari Mac to Consequence Free*, with every little song they do in between. Personal highlights for me included *The Night Pat Murphy Died* and *Old Johnny Do* (the hidden track on Play). But, I'm sure that every one who was there got to hear their favorite song as well, since **Great Big Sea** didn't leave one out.

It was amazing too that I didn't get sick of hearing them play, since they were up there so long. And besides that, all their songs sound alike. Trust me, you begin to notice

that by the time they're half way through their second encore. For those of you who weren't there, I'll recap the concert: The song starts off slow with a vocal intro, which ends with a prolonged note held by whom-ever is singing, then the band kicks in with a fast, upbeat Celtic-rock mix (usually with a 1-4-5 chord pattern), then about half way through the song they play behind the beat and sing a little slower, only to once again play the song really quickly and then end the song by holding the root chord while the singer does a little melody (usually by singing the title of the song really slowly). Ruuuuun Ruuuuuun Awaaaaaay!!!! (Insert clapping and screaming here). Now multiply that formula by about 200 or so songs, and that was the show.

Don't get me wrong, there's nothing wrong with that, as long as you like **Great Big Sea**; which I do, so why the hell am I complaining? All and all, it was a fun show which was enjoyed by the fifteen or so people that were in attendance. Had they played a bar, they would have packed the place solid, but **Great Big Sea** likes to play in places where the miniature humans (children) can go and see them, so why not use the arena. So, next time **Great Big Sea** comes to town, by all means, feel free to actually go and see them. You probably won't regret it.



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The World Is Not Enough

by Mat Thompson
Editor-In-Chief

It has finally arrived! The nineteenth official James Bond movie has hit theatres, and as most people know, I had to be there opening weekend to hear the music, see the gadgets, and critique the hell out of the movie! Sure, I am a huge James bond fan, but there is no way to watch one without comparing it with the others.

The World is Not Enough brings together all of the usual Bond factors with a somewhat original story. Bond is sent to protect the daughter of a friend of his boss "M" who was murdered in the opening scenes of the movie. James, although he is supposed to be on leave due to a shoulder injury, stumbles into a kid-

napping plot in which a former MI6 enemy is out to destroy an oil pipeline, seek his revenge on the British government and even reshape the map of the world. The story is your typical 007 plotline, but there are a few twists on the way as people turn on others pretty quickly. After a while it's hard to keep track of who is good, bad and who is just plain evil.

Pierce Brosnan is excellent in the role of James Bond once again, pulling off the witty remarks and usual Bond-isms with suave perfection. Sure, some of his one-liners were a little more XXX than usual, but he is of course the Bond for the 90's so we have to excuse a little perversion. The only major problem I had with Bond in this movie (and

the last) was the cold blooded killings. Now, I expect the bad guys to kill people for no real reason, but James Bond has never (until recently) killed someone in cold blood. In the movie a bad guy opens the trunk of his car and sees James in there. He is no threat to James as he isn't holding a weapon, but the bad guy is shot in the chest two times. It doesn't make sense. No other Bond ever did that and it does not fit the character. Like I said, I expect it from the bad guys, but not Bond.

And speaking of bad guys, **Robert Carlyle** (*Trainspotting*, *The Full Monty*) had a chance to shine as one of the best created Bond villains around, but he had about as much screen time as "Q". With a bullet in his brain and no sensory perception to pain or pleasure he could have been as great as Goldfinger and The Man With The Golden Gun, but instead we had to watch Bond Girl **Denise Richards** all the time. This could have been a major breakthrough role for Carlyle, but instead he was wasted. And speaking of wasted space, what the hell were they thinking hiring **Jar-Jar Richards** for the role of a Nuclear Scientist. Its not the fact that a girl was playing the role as much as a useless, talent-less moron. Any actress could have brought more believability to the role of Christmas Jones than **Denise "Jar-Jar"**



Richards did. After the movie was over I pictured it without her and the damn thing would have been the same. I think the only use she ever had was to fill out a white tank-top in the water scenes. Other than that she should have just stuck with *Starship Troopers*.

I know it sounds like I hated this movie, but I actually really liked it. Its no *Goldfinger* or *Goldeneye*, but it is up there with the Connery movies making Moore and Dalton look like second rate actors in reject Bond movies. One great thing about the Bond movies is you have to figure out exactly what the title of the movie means, and *The World is Not Enough* seems a little cheesy. The reason for the title won't hit you until near the end of the movie, but after figuring it out, it is one of the best titles yet. I'll just give you a hint: the title incorporates the lust for power and love at the

same time.

The movie also stars **Sophie Marceau** as one of the best and most beautiful Bond girls yet. Unlike Jar-Jar she is one of the most interesting Bond girls around. She not only seduces James Bond, but she is also a character that leaves you wondering if she is actually on Bond's side or not. I think she will be remembered for a long time for this role.

All in all, *The World Is Not Enough* is a great Bond movie. It has all the action, suspense and suave sophistication of classic Bond movies with a 90's twist. Sure, Brosnan is already talking about either wanting to stop playing James Bond or have him killed off, but there is always Bond fanatic **Robbie Robertson** to fill the role in the future. So as long as we have him, don't miss Brosnan as Bond... James Bond!



THE BONE COLLECTOR

by Julie Lapalme
Staff Writer

The Bone Collector, directed by Phillip Noyce, is an incredible suspense/thriller that will keep you on the edge of your seat right up until the end. Denzel Washington plays the role of Lincoln Rhymes, a homicide detective that becomes a quadriplegic after a tragic accident during a crime scene investigation. Suffering from many seizures, Lincoln decides that he would rather make the "final transition" on his own terms rather than being a vegetable and makes plans for an assisted suicide. As movies always go, after getting to know a little about Lincoln, the audience is introduced to Amelia Donahay (Angelina Jolie), a newly recruited police officer who recently made the decision to work with youth offenders. On one regular day on the job, she ends up getting involved in an interesting homicide where she does a superb job of collecting evidence.

Lincoln, who is an expert in the field of crime scene investigation (as shown by the many textbooks he has written) becomes fascinated with the wonderful insight shown by Amelia during this homicide investigation. He takes this new detective under his wing and tries to make her find the same passion he has for investigating the crime scene, to which she shows much reluctance. After quite a few conversations, arguments and butting of heads, Amelia and Lincoln's minds become one amazing detective tool, communicating with each other by radio. They go through investigating murder after murder together trying to find the culprit, who leaves many curious clues be-

hind (as you may have guessed by the title). Lincoln's apartment once again becomes alive as he becomes more and more absorbed in these intriguing cases.

Aside from the typical Hollywood plot development, (what else can you expect from a murder mystery), this was a great movie. *The Bone Collector* keeps you thinking and wondering "Who's the killer" right to the end. Denzel Washington and Amelia Jolie are both very convincing in their roles in this movie. Let's not forget to mention Queen Latifah who plays Lincoln's nurse. She adds some strength and stability to Lincoln's life while he is so wrapped up in catching "The Bone Collector".

One aspect I particularly enjoyed about this movie is that they did not need to add any sex appeal or nudity to increase its appeal. The story does it all for the audience, there are so many interesting twists and turns to keep you entertained, you don't need the ever-so-typical sex scenes to add some spice to it. (Besides, it probably would have been a hard task to accomplish, what with the main character being a quadriplegic and all.)

If you enjoy stories of mystery and you think that you have the talents of Sherlock Holmes in uncovering murderous villains, don't hesitate to go out and see *The Bone Collector*. You will be wrapped so deeply into the story that you'll forget you're in a theatre. You might think you know who the killer is, but I can almost guarantee that you will be surprised at the end...that is, if the murderer's identity is at all revealed. You'll just have to see it to find out. You won't be disappointed.

Bachelor's Millions

by Mat Thompson
Editor-In-Chief

I know, I know. This movie looks like a total chick-flick, but in actuality it is a reworking of a classic novel that appeals to guys just as much, or maybe more than the female viewers. Trust me guys, you will like this movie!

The premise of *The Bachelor* is that **Chris O'Donnell** is a guy who is at the stage in his relationship where he must, as he puts it, 'shit or get off the pot'. Every one of his friends are being picked off day by day as their girlfriends catch bridal bouquets. One by one the 'wild mustangs' are lassoed into marriage and Chris is the last of the bunch. Finally, after a little pressure by his insane grandfather he takes his girlfriend **Anne (Renée Zellweger)** to the romantic Starlight Room and totally botches the proposal. How could a person botch a proposal? Well he actually uses the analogy 'shit or get off the pot'! Anne of course turns him down and tells him never to propose until he actually means it. In the meantime, Chris' grandfather dies and leaves him \$100 million, with the stipulation that he is married by 6:05pm on his 30th birthday and has a child that can be genetically linked back to the grandfathers bloodline (among other stipulations). So the race is on. Anne goes to Athens and



Chris' birthday is the next day. So what does he do? Exactly what any guy would do...propose to every ex-girlfriend he has until he finds one that will say yes.

Now I will admit that the movie sounds a little cheesy, but just watching Chris propose to every girl he has ever dated makes the movie worth seeing. Each ex has a different personality all falling into the different categories that men place ex's into. The two best have to be **Mariah Carey** as the overly dramatic ex who only remembers Chris as the guy who looks good with his shirt off and **Brooke Shields** as the rich as hell, stuck up aging debutante. It is surprising to see these two in comedic acting roles, but they do amazing jobs.

If you think that the story line of *The Bachelor* sounds a little familiar, it is. The story is a modern-

ized version of the 1906 novel **Brewster's Millions** which, over the last 93 years has been made into a movie nine times. The last time this story showed up on the big screen was with **Richard Prior** in the mid-80's. A character in *The Bachelor* even asks "What the hell is this, *Brewster's Millions*?" when the will is read.

The best scene in my mind has to be near the end when, after Chris' friend takes out an ad in the paper, hundreds of wanna-be brides show up at a church hoping to be 'the one'. Chris is confronted by the women, tries to explain his criteria, then is chased through the city by a mob of desperate brides. The look on Chris' face is unforgettable because he is afraid of marrying one woman, let alone being chased by hundreds of pissed off women in wedding gowns.

I know there are a lot of big movies out there that people will be rushing to see, but *The Bachelor* is a nice, funny break from the usual. Sure, the story is predictable, but nowadays most movies are. IF you are just looking to see a good, funny movie that doesn't depend on toilet humor or talking asses, *The Bachelor* will surprise you. Check it out.



Entertainment News

by Chris Newman
Asst A&E Editor

WCW's story lines are definitely picking up now with their new writing team. WCW Mayhem was one of the best Pay Per Views I've seen in a long time. I was particularly happy with the standing ovation Curt Henning got when he lost his career match with Buff. Of course, we all know what happened Monday on Nitro, with Henning joining the Powers That Be, so I guess it was all in vain. It's actually kinda too bad that Henning is in this story line because the fan appreciation at Mayhem would have been a good foot to end his career on. But I'm sure that Russo and the boys have plans for him. Hopefully with a return to his "Mr. Perfect" ways.

I'm also quite glad that Bret Hart got the gold. I guess they don't pay him \$11 million a year to sit on his butt and not win matches. I know

our old wrestling columnist doesn't think he should have it but I think that he's put in his dues and has re-assumed his rightful place as a champion. He should do a good job.

Raw sucked this week. There's no getting around it. You'd think that with the Undertaker and Austin on the shelf that it would be entertaining, but it's just not. I admit that I was glad to see the Rock and Sock Connection reunite, but other than that it was a sleeper. The best match of the night has to go X-Pac vs. Jeff Hardy. I wasn't sure if X-Pac was going to be able to keep up with Jeff since he's been fighting heavyweights for so long, but he did a good job.

I'm getting really sick of the repetitiveness of the HHH vs. Austin situation. One of them always schemes against the other with HHH coming out on top, followed by Vince ordering him to compete in "that very ring", sending HHH into a hissy-fit

(heaven forbid a wrestler would wrestle) then HHH will wrestle, do pretty good but have the match stopped by outside interference. Hmm. I guess there's no reason to watch Raw next week. Oh wait, the wedding's next week. That's even more reason to not watch "Raw is Love". I think WWF's gonna pull a real shocker and have the wedding actually happen. That'll leave 'em stunned in the aisles.

I'm also glad to see that Kane's finally gettin' some. Can you imagine that boys sexual frustration. It's no wonder why Tori can't make it all the way down the aisle. I bet they'll be having Thanksgiving dinner at her family's place this year, but that's just my opinion.

Well, my space is running short. Just like Juvintude, I don't get much air time around here. Take it easy folks. And remember, if life deals you lemons, throw it through the Spanish announce table.

The Good: Paramount's going to make another Mafia-centralized movie, which the industry can always use.

The Bad: It stars Keanu Reeves. Can anything else I say really make it worse than that? Well, if not, it has him falling in love with a prostitute which he then saves him from the Mob.

The Rumor: Apparently the story of a financial consultant whose life is ruined when he saves a prostitute from the Russian mafia is true.

The Smart-Ass Comment: Goddammit Keanu, just because you were finally properly cast as a clueless dimwit in the Matrix and made lots of money essentially playing yourself doesn't mean that you can act! Remember Johnny Mnemonic? Little Buddha? A Walk in the Clouds? Think about it. Your best role before the Matrix was Bill and Ted's, where you played yet another clueless dimwit. Notice a pattern? Stick with THAT.

The Good: Hollywood has finally decided to base a story on one of history's most famous and darkest personalities: Edgar Allen Poe.

The Bad: Imagine who you figure would be the worst possible choice for the role of Poe. Now imagine the person being a million times worse than that. Got that mental image going? Great. Michael Jackson was cast in the role of Edgar Allen Poe.

The Rumor: Supposedly filming will be taking place in Montreal as soon as January of 2000.

The Smart-Ass Comment: Maybe my grasp of history ain't as good as I thought it was, but last time I checked Poe wasn't a child-molesting rubber/plastic/synthetic-chemical-faced walking sideshow. But hey, who knows, maybe he was. Maybe casting Jackson was a cost-cutting decision. I mean, Jackson being the walking plastic factory that he is, he's a hideous, creepy-ass Special Effect all on his own.

The Good: Warner Brothers have announced two potential plotlines for the fifth instalment in the Batman series: One, bringing the series back to the college-life early-20's point in Bruce Wayne's life which could allow the return of the Joker and the Catwoman. Or two, pushing the series to the future where Bruce Wayne is on the brink of retirement and is training a new Batman to take his place (a live-action version of Batman Beyond).

The Bad: Joel Schumacher, the director of Batman Forever and Batman & Robin, is set to return as the director for the fifth Batman movie.

The Rumor: The Wachowski Brothers (the directors of The Matrix) were supposedly approached by WB in the hope that they could provide a dark edge as directors to the Batman flick. Because of the colossal time restraint of their two upcoming Matrix sequels (two years+), they had to pass.

The Smart-Ass Comment: Schumacher is the Antichrist of Directors. He killed any creepiness that could've come out of 8MM and he's turned the dark forboding feel of the first two Tim Burton Batman movies into the corny Batman from the 60's. If WB wants to bring the dark edge back to the Dark Knight, they should friggin' bring back Burton.

The Good: After what seems like a short eternity, George Lucas has finally announced that his script for the newest installment in the Indiana Jones series is finished and ready for filming.

The Bad: In order for the movie to be filmed, the Indy Big 3 (George Lucas, Steven Spielberg and Harrison Ford) all have to be free at the exact same time. Lucas won't be ready until the next two Star Wars movies have been completed, Spielberg is busy working on Minority Report and Memories of a Geisha, and Ford is busy with his upcoming What Lies Beneath.

The Rumor: The movie'll be set for release in 2005.

The Smart-Ass Comment: 2005?!? I know that surgeons can do amazing things these days, but by 2005, Harrison Ford'll be too busy trying to find his bingo dabber at the retirement home to play Indy. I mean the guy's 57 years old as it is...I can't really picture the guy playing Indy NOW, let alone six years from now...unless, of course, the movie's called "Indiana Jones and The Pension Cheque of Doom".

Twisted Survey

Given the choice, would you rather have a picture of a squirrel tattooed across your entire face or uncontrollably screaming "I'm a happy little monkey" at twenty random points during the day?

Of fifteen people ased:

Facial squirrel tattoo: 7 (46%)

Randomly screaming "I'm a happy little monkey": 8 (54%)

Analysis: It's nice to see a close call in the numbers department for once. I noticed that people who chose the tattoo did so because it was the less weird of the two, and that those who picked the screaming did so because it seemed like fun. In other words, there's something on screaming about monkeys that attracts crazy people. I wonder if I can get a governmental grant for research on this. Hmmm..."Monkeys As They Pertain To the Insane". Hey, it rhymes...

Next Week's Question:

Given the choice, would you rather have your head transformed into a purple, featureless cube or have a 20-pound likeness of Kathie Lee Gifford's head protruding from your chest while simultaneously being unable to cover it up?

Trash Talk

Top 28 Rejected Kids' Book Titles

1. You Are Different and That's Bad
2. The Boy Who Died From Eating All His Vegetables
3. Dad's New Wife Robert
4. Fun four-letter Words to Know and Share
5. Hammers, Screwdrivers and Scissors: An I-Can-Do-It Book
6. The Kids' Guide to Hitchhiking
7. Kathy Was So Bad Her Mom Stopped Loving Her
8. Curious George and the High-Voltage Fence
9. All Children Go to Hell
10. The Little Sissy Who Snitched
11. Some Puppies Can Fly
12. That's it, I'm Putting You Up for Adoption
14. The Magic World Inside the Abandoned Refrigerator
15. Using Sticks and Stones To Break Some Bones
16. The Pop-Up Book of Human Anatomy
17. Strangers Have the Best Candy
18. Whining, Kicking and Crying to Get Your Way
19. You Were an Accident
20. Things Rich Kids Have, But You Never Will
21. Pop! Goes The Hamster...And Other Great Microwave Games
22. The Man in the Moon Is Actually Satan
23. Your Nightmares Are Real
24. Where Would You Like to Be Buried?
25. Eggs, Toilet Paper, and Your School
26. Why Can't Mr. Fork and Ms. Electrical Outlet Be Friends?
27. Places Where Mommy and Daddy Hide Neat Things
28. Daddy Drinks Because You Cry

20 STUDENTS TOOK OUR MONEY LAST SUMMER. AND WE'D LIKE TO NAME NAMES.

The following students are guilty of working their butts off for a variety of charities this past summer. Thanks for a great job, from your friends at **Labatt**.

SAMER ABOUD	RYAN LAPIDUS	CHRIS NEESER
EMILY CHEN	KATHIE MACHADO	NICOLE NILES
JESSICA FREEMAN	JEREMY MARK	JENNIFER PENDLEBURY
BONNI-MARIE FUGARD	JENNIFER MARTIN	ASABI PARKER
LISA I-TING FU	DOMINIC MASCOLL	RICHARD SAMUEL
DEBBIE KOLOZSVARI	MICHELLE MORGAN	TERESA WELSH
MARIE-JOSEE LALONDE	SHAUNA MORGAN	



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Lambda Sports



Aqua Vees On The Attack in TO

by Jon Howard
Staff Writer

The Voyageur Swim Team returned from the Toronto OUA Invitational last weekend having tripled their CIAU contingent. Coach Doc Tihanyi was a veritable fountain of praise as the Greyhound bus departed for Sudbury Saturday night, congratulating his athletes on their many successes.

Perhaps it was the wonderful hospitality of the Town Inn, nestled on Toronto's famous Church Street that inspired the Vees, but when all was said and done, the number of personal bests were too numerous to cover. The Vees had come, the Vees had shaved, and the Vees had left, reaping the rewards so many hours of hard work made possible.

The Lady Vees were the first to showcase their talents, with Rookie phenom Christie Smith leading off her team with a third place in the 100 meter Butterfly. Christie qualified for CIAU's with a second to spare, and followed up her 100 with a second qualifying swim in the 50m Fly. She was not finished yet, and came away

with another third place finish in the 200m Fly, missing the CIAU cutoff by two 100th's of a second! Christie's achievements earned her a second Laurentian Athlete of the Week award of the season.

The women continued on, with veteran Julia Haywood posting a personal best in the 100m Freestyle placing seventh, and narrowly missing CIAU's in the 50m Free. Julia added another seventh place in the 50m Backstroke. Ironwoman extraordinaire Captain Megan Cumming placed eleventh in the 400m Free, and a strong seventh in the 800m Free. Other personal bests were chalked up by rookies Leah Spergel in the 100m Breaststroke, and Lesley Berry in the 100 and 200m Backstrokes.

By the time 3:00 P.M. rolled around the men's team was championing at the bit, and were finally released from the hotel to wreak havoc at the U of T pool. Captain Dave "Sparky" Clarke continued in his winning ways, taking first in the 50m Back, and second in the 100 & 200m

Back. Now Clarke has made the CIAU standard in all three events and is hungry for more, the possibilities are endless if he would just cut his hair! Dave also returned to Sudbury with his second L.U. Athlete of the Week award.

There were two swims last weekend that stood out over all others however, by veteran Collin Forsberg and rookie James Corker. Forsberg, after coming off a shoulder injury the week before, had doubts as to how he would perform, but laid to rest any negative vibes as he dominated the 200m Fly from start to finish. With the spectacular race Collin not only qualified for CIAU's by over a second, he also posted a personal best time for a mid-season swim. James Corker took matters into his own hands during the last 50 of the 200m Breast, coming home hard to touch-out a fading York Yeoman for first place. Corker won the race, posted a personal best, and smashed the CIAU qualifying time while the rest of the Vees cheered him on.

Other high-flying veterans

included Fai Yong, winning the 100m Fly and placing second in the 50m Fly, again swimming well under the CIAU cutoff in both events, and Jon Howard, taking second in the 400m Free on his way to becoming CIAU qualifier number six for the Voyageurs. Howard barely missed a second CI time in the 50m Fly by six 100th's of a second, then finished up with another second place in the 200m Free. Two more veterans showed how well their work has been paying off, Brent McLeod and Matt Coutsos swam best times in the 200m Breast and the 100m Fly respectively.

The nail-biter of the week goes to veteran Gilbert Duplessis, who finished a strong third in the 400m Free, and looked up to see he had missed his CIAU goal by an agonizing one 100th of a second. Gilbert regrouped for the 1500m Free shortly afterward, and after a great race touched alone in second place, a mere one second off the CI time! The Vees were all going crazy at the poolside, and with that kind of support Gilbert will soon be well under the mark that

has eluded him.

The Voyageurs met up with some alumni during the meet, and one in particular challenged veteran Oliver Curwen to a duel not once, but two times over the course of the competition. Oliver took it upon himself to prove that those who stay true to their team will prevail, and swam two personal bests in the 50 & 100m Backstrokes denying the deserter his satisfaction. Oliver summed up his experience with the words: "Man, That dude is annoying."

Now that the Aqua Vees are back, they are setting their sights on Wilfrid Laurier who will be visiting this weekend, Friday Nov. 26th at 6:45 P.M., and Saturday the 27th at 2:00 P.M. This will be the Vees last home competition of the season, against a team that defeated the Vees last year. The Aqua Vees are hungry for vengeance, and plan on making this weekend a memorable one. See you at the Olympic Gold Pool this Friday!



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Hockey Vees Tie Up Week-End

by Mickey Teed
Staff Writer

The Laurentian Hockey Vees tied, the 7th ranked team in the country, the Universite du Quebec a Trois Rivieres Patriotes 2-2 on Saturday. On Sunday they kept the streak alive with a tie against the Concordia Stingers.

The Vees took to the ice and fought hard from the outset. Checks were flying fast and furious. By the end of the first period Les Patriotes from Quebec wished they had separated. Les Patriotes did lead a furious attack and made goaltender Jarrett Rose feel like he was the victim in front of a shooting gallery. In the end the gold and blue of Laurentian University won the moral victory but tied the game.

Jarrett Rose was spectacular in goal. Rose made stops that Jaques Plantes would have been proud of. Little did Les Patriotes know that Rose was an illusionist, he made them think they saw a goaltender when in reality it was a brick wall.

Head Coach Craig Duncanson said "The guys battled and played responsible defensively", with 56 shots on Jarrett Rose you wonder what "responsible defensively" meant.

Blair Sherrit and Keith Welsh

had the goals for the Vees. Both goals came off some pretty offensive plays. With the tie Laurentian seemed ready to turn the season around on Sunday.

The Concordia Stingers played a grueling match against the Vees. Once again the Vees ended up with a 2-2 tie.

Laurentian seemed to be staring in the eyes of defeat trailing by one goal late in the second period. The Vees were showing some signs of fatigue in the later periods by losing some battles in the corners. Then just as a tie seemed out of hand Blair Sherrit scored the tying goal. The third period proved to be useless and the Vees gained another point.

Darren Schmidt scored the other Vees goal and Chris Tomljanovich had assists on both Laurentian goals. Jarrett Rose once again did his best Gumby impression



by stretching the laws of probability in his favour. There were many times where Rose had to stand on his head to prevent a goal, and prevent them he did. Rose faced 43 shots and stopped all but 2.

The next game for the Vees will be next Saturday in Toronto. Good luck to the men on their road trip.

Volleyball Vees Bow out in Finals

by Mickey Teed
Staff Writer

The men's volleyball team played in the "University of Guelph Invitational Tournament" over the week-end and placed 2nd over a very competitive group.

On Friday the men edged Niagara 3-2. The loss left Niagara looking for barrels to go falls jumping. Rob Guenette was named player of the game. Guenette had 15 kills and 6 blocks. Alain Arseneau contributed as well. Arseneau had 9 kills, 4 blocks and 2 aces.

In the second game of the evening Laurentian continued their winning ways by defeating Waterloo 3-0. The three set to zero score does not show how well Waterloo played. Waterloo lost each game by a combined total of 13 points. Rob Guenette led the Vees attack again. Guenette had 16 kills, and 8 blocs. Liam Mucklow and Alain Arseneau also helped forge the attack. Mucklow had 4 kills, 4 blocks and 1 ace.

Arseneau had 6 kills and 1 ace. With the win the men advanced to the semi-finals of the tournament.

In the semi-finals the men faced a very determined host team, Guelph. The men wasted no time in eliminating the home town favorites 3-1. Laurentian dominated the entire match by never letting the home town crowd get into the game. Guenette decided to let another player take the game honours. Andrew White led the Vees attack with 10 kills and 10 blocks. The win advanced the Vees to the finals where they would face U of T.

In the finals the Vees ran out of gas. They did put up a valiant effort but came up on the wrong side of the spike (needed a volleyball metaphor). The Vees lost the match 3-0 (18-25, 18-25, 21-25) against U of T. The loss was disappointing but it also proved to the Ontario volleyball community that Laurentian is a threat this upcoming year.

Rob Guenette was named the tournament's best spiker and Al Arseneau was named the best digger. Congratulations to both men on their awards.

The men will seek vengeance on Friday and Saturday at the Ben Avery gymnasium, when the men take on U of T. Game times are Friday at 8pm and Saturday at 1pm. Hope to see you all out and supporting your team to victory.

Sports Briefs

Men's & Women's Basketball

The Lady Vees took on the Ottawa Gee-Gees on Friday night in Ottawa. The Gee-Gees were "Staying Alive" and took a half time lead of 34-32. The Lady Vees stormed back in the second half and won the game easily 61-49. Top scorers for the Lady Vees were Shauna Conway with 18 points and Stephanie Harrison with 15 points.

The Lady Vees were back on the hard wood Saturday night when they faced the Carleton Ravens. The women ended up pushing their season record to a perfect 4-0 by defeating the Ravens 74-61. Clare Beatty and Stephanie Harrison led the onslaught for the Vees with 16 points and 10 rebounds each. Jill Eccles added 11 points. The Lady Vees will complete their pre-Christmas schedule next week-end as they travel to Toronto.

The men also traveled to Ottawa to play the Gee-Gees. The men edged the Gee-Gees 83-70 with Flash Gordon scoring 18 points. The men then faced the Carleton Ravens on Saturday and also improved their record to a perfect 4-0 by defeating the Ravens 62-53. The leading scorers for the men were rookie Jermaine Pendley and 3rd year forward Dwayne Burton with 14 points each. The men travel to Toronto this week-end.

Athletes of the Week

This week the 3 athletes were selected as "Pat and Mario's Athletes of the Week". Jarrett Rose from the hockey Vees and Dave Clark and Chistine Smith from the Aqua Vees receive the honour.

Jarrett Rose played a huge role in the Vees earning two ties this week-end. Rose is a second year Economics student from Sudbury. Rose faced 99 shots in two games over the week-end. The most spectacular feat about this was he only allowed 4 of those shots to find the back of the net.

Dave Clark, fearless leader of the Aqua Vees swam his way to a 1st and two 2nds at an OUA invitational meet in Toronto. The 4th year science student from Ottawa swam to 3 CIAU qualifying times in the 50m, 100m and 200m backstroke races.

Not to be outdone, Christie Smith, a rookie from Sudbury, swam her way to two 3rd place finishes and a 5th place finish. Smith qualified for the CIAU's in the 100m and 50m fly. This biology student should think of narrowing down her concentration to marine biology. In any event it looks as if Christine Smith has a very bright future ahead of her.

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Sudbury's Annual Drug Awareness Week



Drug Awareness Week (DAW) in the Sudbury Region is upon us again, and this year a number of exciting activities have been planned by the DAW committee to promote healthy family activities instead of drug use.

The week, which runs from November 20-27, 1989 in our Region, is part of a Canada wide initiative involving provinces from coast to coast dedicating this week to drug awareness. "Try Hugs Not Drugs" and "Believe in Yourself" are the two main campaign themes for Ontario.

Susan Morassut, chairman of Sudbury's DAW committee and founder of the local chapter of PAD (Parent's Against Drugs) says "addiction issues effect our community just like any other community." Rather than just treating problems when they happen, the local DAW committee plans to focus on prevent-

ing the problem by promoting healthy alternative activities. The local DAW committee is made up of various sectors of the community including police, education, health, and addiction agencies and organizations.

Morassut further adds, "how often do we hear our young people say there's nothing to do. The job our committee has is to show young people and parents alike that there is a lot to do out there individually, with friends or family and that you don't need drugs to have a good time." All events associated with the week such as a hockey tournament sponsored by Sudbury Minor Hockey Association, family days at Science North, a draw for tickets to the Sudbury Theatre Centre and dinner at Red Lobster, and evening forum on drugs with the Honorable Ken Black, a battle of the bands and other events will all carry this theme. Morassut adds that the

community participation is the key to making this year's DAW a success. "It's important to have everyone including families, parents and young people, participate and look for ways to rediscover the fun being together as a family."

The DAW committee will also have a mall display at the New Sudbury Shopping Centre on November 23 and 24, 1989 to distribute drug related information. The RCMP bear along with the Sudbury Regional Police and other DAW Committee members will be on hand to give out hug coupons and balloons to the children. Special theme related sweat-shirts and T-shirts will also be on sale at this time.

For more information of these or any of the other exciting events being planned, contact Reggie Vaverson at 675-1195 at the Addiction Research Foundation.

Women's Basketball

The Lady Vees visited Concordia University in Montreal to compete in the Concordia Classic Basketball Tournament. Included in the field of eight teams was the 4th ranked UPEI Panthers and the 6th ranked University of Winnipeg Lady Wesmen. The Lady Vees opposition in the first round of the tournament were the St. Mary's University Huskies. The Lady Vees trounced the Huskies by a final score of 81-41. The scoring leaders for Laurentian were Sue Stewart, who netted 18 and Shirlene Maclean added 10 in the victory. A key to their victory was out rebounding the Huskies 49-21. The Lady Vees then went on to face the McGill Martlets, where they recorded their second consecutive convincing victory by a score of 80-63. The Martlets came out quick and took a one point disadvantage into the dressing room at half-time, 39-38.

Once again the Lady Vees were led by strong play from their captain Mclean, who scored 17 points. Her performance was matched by rookie, Martha Sandilands, who chipped in with 14 points and was



named the game's MVP.

The Vees met their toughest opposition in the final match where they came up against the Lady Wesmen. The Lady Wesmen gained a birth in the finals by defeating the Panthers from UPEI. In overtime the Lady Vees finally outscored the opposition by three and the Lady Vees were led by tournament MVP, Mclean, who contributed with 31 points. The Laurentian team also received a strong performance from veteran post player Chantal St. Martin who scored 16 points and collected a game high eight rebounds. The Lady Vees were represented on the tournament All-Star squad by Sue Stewart.

Senator's Report

Hey, how's it goin? The SGA is doin fine but things are starting to speed up around here with all the fuss over our Student Centre and the fast-approaching Carny Week (Jan.29-Feb.3).

During the fourth regular meeting of Senate, Dr. Bob Rogers of the Leisure Planning Committee discussed the provincial Healthy Places-Healthy People conference to be held Jan 18-20 in Sudbury - a three day event examining the relationship between Health/Economy/Environment.

The Academic Planning Committee was pleased to see Senate approve in principle the Women's Studies Program - a three year Bachelor of Arts Program.

Although the library is set to open some time in February the official opening ceremony is dated for June 2. Unofficially, the first day of classes for 1990-91 is September 10, unless of course there's a strike. Classes end April 12 and Reading Week is supposed to be February 18-22, so plan your trip to Bramalea. If problems arise, call your student senator-Marc Veno, Hugh Finn, Dean Gresdale of myself at the SGA office - 673-6547 and remember to get involved in Carny Week (call Lee).

Stephen Corrigan
Senator.

What About Us Smokers

Letter to the Editor:

We, the smokers' at Laurentian are fed up with being treated like criminals. Especially in the Great Hall.

We were told, that if we were caught smoking in the no-smoking section, that we would be fined for doing so. The fines ranging from \$55.00. to \$2500.00.

Whatever happened to freedom of choice? One of us is allergic to perfume, does that mean that the perfume wearers will be segregated from the non-perfume wearers? Don't tell her that perfume smells better, she still gets sick from the fumes. Within a year, the Great Hall is supposed to be completely non-smoking. What happens to the smokers then?

And why are we begin ostracized? There is a professor who wants a policy of non-smoking in the Great Hall, but day after day he is seen sitting with the smokers in the smoking section. Does this make any sense at all? If he is so disdainful of smoking, then why is he sitting with the smokers in the smoking section. Why does he not make use of the faculty lounge? Isn't the Great Hall one of the places where students congregate? He has two options, we have none.

We are not saying that the non-smokers don't have nay rights, but we are saying, what about the rights of smokers? The squeaky wheel gets the grease, well now there is more than one wheel.

An angry group of smokers, most of which are full-time students and full-time smokers.

LIFE
IN HELL

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BY MATT
GROENING

FORBIDDEN WORDS OF THE 1990s

A-LIST	DRAMEDY	LIFESTYLE	PETER PAN SYNDROME	SURROUNDSOUND
AUTO SHADE	DRUG KINGPIN	LIFESTYLES OF THE RICH AND FAMOUS	PICTIONARY	SWATCH
BABY BOOMER	DRY BEER	LIPOSUCTION	POLITICALLY CORRECT	SYNTHPOP
BATMAN	DUDE	LITE BEER	POSTMODERN	TELEVANGELIST
BETAMAX	DWEEB	LOTTO	POSTPUNK	T.G.I.F.
BICOASTAL	ECLECTIC	MAKE MY DAY	POWER BREAKFAST	A THOUSAND POINTS OF LIGHT
BIG CHILL GENERATION	ELECTROFUNK	MALE BONDING	POWER LUNCH	TOFUTTI
BIMBO	EVIL EMPIRE	METALHEAD	QUALITY TIME	TRANCE CHANNELING
BOOMBOX	FOXY	MINDSET	RAD	TRIVIAL PURSUIT
CALIFORNIA RAISINS	GET WITH THE PROGRAM	MINIMALISM	RAMBO	TUBULAR
CAREERIST	GLITZ	MINIMALL	READ MY LIPS	ULTRA ANYTHING
CASSINGLE	GO FOR IT	MINISTORAGE	REAGANITE	VERNACULAR
CELEBUTANTE	GORBY	MOMMY TRACK	REFUSENIK	VIDIOT
CELLULITE	G-SPOT	NEO-GEO	ROBO ANYTHING	WACK
CHIC	GRAPHIC NOVEL	NERD	ROCK OF THE 90'S	WACKO
CHILL OUT	HAPPENIN'	NETWORKING	ROCKTOBER	WACKY
CLAYMATION	HEADBANGER	NEW AGE	ROCKUMENTARY	WANNABE
COCOONING	HIGH CONCEPT	NEW WAVE	SHOP TIL YOU DROP	WILDING
CODEPENDENCY	HOMEBOY	NEW ANYTHING	SIGNIFICANT OTHER	WIRED
CONCEPTUAL	HYPertext	NINJA	SOUND BITE	WORKAHOLIC
CROISSANDWICH	HYPER ANYTHING	NUTRASWEET	SPIN CONTROL	YUPPIE
CYBERPUNK	ILLIN'	OUTRAGEOUS	SPOKESMODEL	ZIP IT
DANCERCIZE	INFOTAINMENT	PALIMONY	SUBTEXT	ANYTHING IN HELL
DEF	INTERFACE	PASSIVE-AGGRESSIVE	SUBVERSIVE	ANYTHING IS HELL
DICEY	JAZZCIZE	PEACEKEEPER MISSILE	SUPERSTAR	ANYTHING FROM HELL
D.J.N.K.	JUST SAY NO	PEOPLE METER		
DIRTY DANCING	KINDER, GENTLER NATION			
DON'T WORRY, BE HAPPY	LIFE'S A BEACH			

